

Fore River, Portland, ME - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:03	8.0	6:23	9.1	11:59	1.6			5:29	8:05	
2	Sat	6:59	7.9	7:17	9.3	12:47	1.4	12:53	1.6	5:30	8:03	
3	Sun	7:59	8.0	8:14	9.6	1:46	1.1	1:50	1.4	5:31	8:02	
4	Mon	8:56	8.3	9:09	10.1	2:43	0.7	2:48	1.1	5:33	8:01	
5	Tue	9:49	8.8	10:01	10.6	3:37	0.1	3:42	0.6	5:34	8:00	
6	Wed	10:40	9.3	10:53	11.0	4:27	-0.5	4:35	0.1	5:35	7:58	
7	Thu	11:30	9.9	11:44	11.3	5:16	-1.0	5:27	-0.5	5:36	7:57	
8	Fri			12:19	10.4	6:04	-1.4	6:19	-0.9	5:37	7:56	
9	Sat	12:35	11.5	1:08	10.8	6:52	-1.6	7:12	-1.1	5:38	7:54	
10	Sun	1:27	11.4	1:57	11.0	7:41	-1.5	8:05	-1.1	5:39	7:53	
11	Mon	2:20	11.1	2:49	11.0	8:31	-1.3	9:00	-1.0	5:40	7:51	
12	Tue	3:15	10.6	3:43	10.9	9:23	-0.9	9:59	-0.7	5:41	7:50	
13	Wed	4:15	10.0	4:41	10.6	10:19	-0.3	11:01	-0.3	5:42	7:49	
14	Thu	5:17	9.4	5:42	10.3	11:18	0.2			5:44	7:47	
15	Fri	6:22	9.0	6:45	10.0	12:06	0.0	12:20	0.7	5:45	7:46	
16	Sat	7:29	8.7	7:49	9.9	1:13	0.3	1:26	1.0	5:46	7:44	
17	Sun	8:33	8.6	8:50	9.9	2:20	0.4	2:31	1.1	5:47	7:43	
18	Mon	9:31	8.7	9:45	9.9	3:20	0.3	3:28	1.0	5:48	7:41	
19	Tue	10:22	8.9	10:34	10.0	4:11	0.2	4:19	0.9	5:49	7:39	
20	Wed	11:07	9.0	11:18	10.0	4:57	0.1	5:04	0.8	5:50	7:38	
21	Thu	11:48	9.2	11:58	9.9	5:38	0.1	5:46	0.7	5:51	7:36	
22	Fri			12:26	9.3	6:15	0.1	6:25	0.6	5:53	7:35	
23	Sat	12:36	9.8	1:01	9.3	6:48	0.2	7:01	0.6	5:54	7:33	
24	Sun	1:13	9.6	1:34	9.4	7:21	0.4	7:37	0.7	5:55	7:31	
25	Mon	1:48	9.4	2:07	9.3	7:53	0.6	8:13	0.7	5:56	7:30	
26	Tue	2:24	9.1	2:42	9.3	8:27	0.8	8:52	0.9	5:57	7:28	
27	Wed	3:03	8.8	3:19	9.2	9:04	1.0	9:34	1.0	5:58	7:26	
28	Thu	3:45	8.5	4:02	9.1	9:46	1.3	10:21	1.1	5:59	7:25	
29	Fri	4:33	8.2	4:49	9.1	10:32	1.5	11:12	1.2	6:00	7:23	
30	Sat	5:25	8.0	5:42	9.1	11:22	1.6			6:02	7:21	
31	Sun	6:22	8.0	6:39	9.3	12:08	1.2	12:18	1.5	6:03	7:19	