

Fore River, Portland, ME - Oct 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:55	9.1	8:16	10.0	1:38	0.3	1:58	0.6	6:38	6:23	
2	Thu	8:53	9.7	9:16	10.5	2:37	-0.1	2:59	-0.1	6:39	6:21	
3	Fri	9:46	10.4	10:11	10.9	3:31	-0.6	3:56	-0.8	6:40	6:20	
4	Sat	10:37	11.1	11:05	11.1	4:23	-1.0	4:50	-1.4	6:41	6:18	
5	Sun	11:27	11.5	11:59	11.2	5:13	-1.3	5:42	-1.8	6:42	6:16	
6	Mon			12:17	11.7	6:03	-1.3	6:35	-1.9	6:44	6:14	
7	Tue	12:51	11.0	1:08	11.7	6:53	-1.1	7:27	-1.8	6:45	6:12	
8	Wed	1:44	10.7	1:59	11.4	7:44	-0.7	8:21	-1.4	6:46	6:11	
9	Thu	2:38	10.2	2:53	10.9	8:37	-0.2	9:17	-0.8	6:47	6:09	
10	Fri	3:36	9.6	3:51	10.3	9:33	0.4	10:17	-0.2	6:48	6:07	
11	Sat	4:37	9.1	4:53	9.8	10:34	0.9	11:20	0.3	6:50	6:06	
12	Sun	5:40	8.8	5:56	9.4	11:38	1.3			6:51	6:04	
13	Mon	6:41	8.6	6:59	9.1	12:23	0.7	12:43	1.5	6:52	6:02	
14	Tue	7:41	8.7	8:00	9.0	1:25	0.9	1:47	1.4	6:53	6:00	
15	Wed	8:36	8.8	8:55	9.1	2:22	0.9	2:44	1.2	6:54	5:59	
16	Thu	9:23	9.1	9:43	9.1	3:12	0.9	3:34	0.9	6:56	5:57	
17	Fri	10:05	9.3	10:26	9.2	3:54	0.8	4:17	0.7	6:57	5:55	
18	Sat	10:43	9.5	11:06	9.2	4:32	0.8	4:56	0.4	6:58	5:54	
19	Sun	11:19	9.7	11:45	9.2	5:07	0.8	5:33	0.3	6:59	5:52	
20	Mon	11:53	9.8			5:41	0.8	6:08	0.2	7:01	5:51	
21	Tue	12:21	9.1	12:26	9.8	6:14	0.9	6:42	0.1	7:02	5:49	
22	Wed	12:57	9.0	1:00	9.8	6:48	1.0	7:18	0.2	7:03	5:47	
23	Thu	1:33	8.9	1:35	9.8	7:24	1.1	7:56	0.2	7:04	5:46	
24	Fri	2:10	8.7	2:13	9.7	8:03	1.2	8:37	0.3	7:06	5:44	
25	Sat	2:52	8.6	2:57	9.6	8:46	1.3	9:24	0.4	7:07	5:43	
26	Sun	2:39	8.5	2:47	9.5	8:35	1.3	9:15	0.5	6:08	4:41	
27	Mon	3:32	8.5	3:44	9.5	9:31	1.3	10:11	0.5	6:09	4:40	
28	Tue	4:30	8.7	4:46	9.5	10:31	1.2	11:09	0.4	6:11	4:38	
29	Wed	5:30	9.1	5:50	9.6	11:34	0.8			6:12	4:37	
30	Thu	6:30	9.6	6:55	9.8	12:09	0.2	12:39	0.3	6:13	4:35	
31	Fri	7:28	10.2	7:57	10.1	1:09	-0.1	1:42	-0.3	6:15	4:34	