

Fore River, Portland, ME - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:57	11.1	9:36	9.9	2:40	-0.3	3:22	-1.3	6:54	4:05	
2	Tue	9:49	11.4	10:30	10.0	3:33	-0.4	4:15	-1.5	6:55	4:05	
3	Wed	10:40	11.4	11:21	10.0	4:24	-0.4	5:06	-1.5	6:56	4:05	
4	Thu	11:30	11.2			5:15	-0.3	5:55	-1.4	6:57	4:05	
5	Fri	12:11	9.8	12:18	10.9	6:04	0.0	6:43	-1.1	6:58	4:04	
6	Sat	12:59	9.6	1:06	10.5	6:53	0.3	7:30	-0.6	6:59	4:04	
7	Sun	1:48	9.3	1:55	9.9	7:42	0.7	8:19	-0.1	7:00	4:04	
8	Mon	2:38	9.0	2:47	9.4	8:34	1.0	9:08	0.4	7:01	4:04	
9	Tue	3:29	8.8	3:40	8.9	9:29	1.3	9:58	0.8	7:02	4:04	
10	Wed	4:20	8.7	4:35	8.5	10:25	1.5	10:48	1.1	7:03	4:04	
11	Thu	5:11	8.6	5:32	8.2	11:22	1.6	11:39	1.4	7:04	4:04	
12	Fri	6:03	8.7	6:29	8.0			12:21	1.5	7:05	4:04	
13	Sat	6:54	8.8	7:25	8.0	12:31	1.5	1:17	1.3	7:05	4:04	
14	Sun	7:43	9.0	8:16	8.1	1:22	1.6	2:08	1.0	7:06	4:04	
15	Mon	8:27	9.3	9:03	8.3	2:09	1.5	2:53	0.6	7:07	4:04	
16	Tue	9:09	9.6	9:46	8.5	2:52	1.3	3:34	0.3	7:08	4:05	
17	Wed	9:49	9.9	10:27	8.7	3:33	1.1	4:13	-0.1	7:08	4:05	
18	Thu	10:29	10.1	11:08	8.9	4:13	0.8	4:53	-0.4	7:09	4:05	
19	Fri	11:10	10.3	11:48	9.1	4:55	0.6	5:33	-0.6	7:10	4:06	
20	Sat	11:51	10.5			5:37	0.4	6:14	-0.8	7:10	4:06	
21	Sun	12:30	9.3	12:35	10.5	6:22	0.3	6:57	-0.8	7:11	4:07	
22	Mon	1:13	9.4	1:21	10.4	7:09	0.2	7:43	-0.8	7:11	4:07	
23	Tue	2:00	9.6	2:12	10.2	8:00	0.1	8:32	-0.7	7:12	4:08	
24	Wed	2:51	9.7	3:08	9.8	8:56	0.2	9:25	-0.4	7:12	4:08	
25	Thu	3:46	9.8	4:09	9.5	9:56	0.2	10:21	-0.2	7:13	4:09	
26	Fri	4:44	9.9	5:14	9.2	11:00	0.1	11:20	0.1	7:13	4:09	
27	Sat	5:45	10.1	6:21	9.0			12:06	0.0	7:13	4:10	
28	Sun	6:47	10.2	7:28	9.0	12:23	0.2	1:14	-0.3	7:13	4:11	
29	Mon	7:48	10.5	8:30	9.2	1:26	0.3	2:16	-0.6	7:14	4:11	
30	Tue	8:45	10.7	9:27	9.3	2:26	0.2	3:13	-0.9	7:14	4:12	
31	Wed	9:38	10.8	10:19	9.5	3:21	0.1	4:05	-1.1	7:14	4:13	