

Fore River, Portland, ME - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:53	9.8	1:27	8.9	7:12	0.0	7:15	1.1	5:32	7:43	
2	Sun	1:27	9.8	2:03	8.8	7:47	0.1	7:52	1.2	5:31	7:44	
3	Mon	2:03	9.7	2:41	8.7	8:25	0.2	8:32	1.3	5:30	7:45	
4	Tue	2:42	9.6	3:23	8.6	9:07	0.2	9:17	1.3	5:28	7:47	
5	Wed	3:27	9.5	4:11	8.6	9:53	0.3	10:07	1.3	5:27	7:48	
6	Thu	4:17	9.4	5:02	8.8	10:43	0.3	11:02	1.2	5:26	7:49	
7	Fri	5:13	9.4	5:57	9.0	11:37	0.3			5:24	7:50	
8	Sat	6:14	9.4	6:55	9.4	12:01	1.0	12:33	0.2	5:23	7:51	
9	Sun	7:17	9.5	7:53	10.0	1:04	0.6	1:32	0.1	5:22	7:52	
10	Mon	8:21	9.7	8:50	10.6	2:08	0.1	2:31	-0.2	5:21	7:53	
11	Tue	9:22	10.0	9:44	11.1	3:08	-0.6	3:27	-0.5	5:19	7:55	
12	Wed	10:19	10.3	10:37	11.6	4:05	-1.2	4:20	-0.7	5:18	7:56	
13	Thu	11:15	10.5	11:29	11.8	5:00	-1.7	5:13	-0.8	5:17	7:57	
14	Fri			12:10	10.5	5:53	-1.9	6:06	-0.8	5:16	7:58	
15	Sat	12:22	11.8	1:03	10.5	6:46	-1.9	6:59	-0.6	5:15	7:59	
16	Sun	1:14	11.6	1:57	10.2	7:39	-1.7	7:51	-0.2	5:14	8:00	
17	Mon	2:06	11.2	2:51	9.9	8:32	-1.3	8:46	0.2	5:13	8:01	
18	Tue	3:01	10.7	3:47	9.6	9:26	-0.8	9:43	0.6	5:12	8:02	
19	Wed	3:58	10.1	4:45	9.3	10:23	-0.2	10:44	1.0	5:11	8:03	
20	Thu	4:57	9.5	5:42	9.1	11:19	0.3	11:45	1.3	5:10	8:04	
21	Fri	5:57	9.1	6:38	9.0			12:15	0.7	5:09	8:05	
22	Sat	6:56	8.7	7:32	9.1	12:47	1.4	1:11	1.0	5:08	8:06	
23	Sun	7:55	8.5	8:24	9.2	1:48	1.3	2:05	1.2	5:08	8:07	
24	Mon	8:50	8.5	9:11	9.3	2:44	1.1	2:55	1.3	5:07	8:08	
25	Tue	9:40	8.5	9:54	9.5	3:33	0.9	3:39	1.3	5:06	8:09	
26	Wed	10:25	8.6	10:34	9.7	4:17	0.6	4:20	1.3	5:05	8:10	
27	Thu	11:08	8.7	11:12	9.8	4:58	0.4	4:58	1.2	5:05	8:11	
28	Fri	11:48	8.8	11:49	9.9	5:36	0.2	5:35	1.2	5:04	8:12	
29	Sat			12:27	8.8	6:12	0.1	6:12	1.2	5:03	8:13	
30	Sun	12:26	10.0	1:05	8.8	6:48	0.0	6:49	1.1	5:03	8:14	
31	Mon	1:02	10.0	1:42	8.9	7:25	-0.1	7:29	1.1	5:02	8:14	