

Fore River, Portland, ME - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:10	9.4	5:33	10.3	11:10	0.3	11:58	-0.1	6:05	7:16	
2	Thu	6:17	9.1	6:39	10.1			12:15	0.6	6:06	7:15	
3	Fri	7:25	8.9	7:46	10.0	1:07	0.1	1:23	0.8	6:07	7:13	
4	Sat	8:30	9.0	8:50	10.0	2:15	0.1	2:30	0.7	6:08	7:11	
5	Sun	9:29	9.2	9:46	10.1	3:15	0.0	3:30	0.6	6:09	7:09	
6	Mon	10:20	9.4	10:37	10.2	4:08	-0.1	4:22	0.3	6:10	7:07	
7	Tue	11:07	9.6	11:23	10.2	4:55	-0.2	5:10	0.2	6:11	7:06	
8	Wed	11:49	9.7			5:37	-0.1	5:53	0.1	6:12	7:04	
9	Thu	12:06	10.0	12:28	9.8	6:16	0.0	6:34	0.1	6:14	7:02	
10	Fri	12:46	9.8	1:04	9.7	6:52	0.2	7:12	0.2	6:15	7:00	
11	Sat	1:24	9.6	1:40	9.6	7:27	0.5	7:49	0.4	6:16	6:58	
12	Sun	2:02	9.3	2:15	9.5	8:02	0.7	8:28	0.6	6:17	6:57	
13	Mon	2:40	8.9	2:53	9.3	8:39	1.0	9:08	0.8	6:18	6:55	
14	Tue	3:22	8.6	3:34	9.1	9:19	1.4	9:53	1.1	6:19	6:53	
15	Wed	4:08	8.3	4:20	8.9	10:03	1.6	10:42	1.3	6:20	6:51	
16	Thu	4:58	8.0	5:11	8.8	10:52	1.8	11:34	1.4	6:21	6:49	
17	Fri	5:52	7.9	6:06	8.8	11:45	1.9			6:23	6:47	
18	Sat	6:48	8.0	7:03	9.0	12:30	1.4	12:41	1.8	6:24	6:46	
19	Sun	7:46	8.2	8:01	9.3	1:27	1.1	1:40	1.5	6:25	6:44	
20	Mon	8:39	8.7	8:56	9.8	2:23	0.7	2:38	0.9	6:26	6:42	
21	Tue	9:28	9.3	9:47	10.2	3:14	0.2	3:30	0.3	6:27	6:40	
22	Wed	10:15	10.0	10:36	10.7	4:01	-0.3	4:20	-0.4	6:28	6:38	
23	Thu	11:01	10.7	11:25	11.0	4:47	-0.8	5:10	-1.0	6:29	6:36	
24	Fri	11:47	11.2			5:34	-1.1	6:00	-1.5	6:31	6:35	
25	Sat	12:15	11.1	12:35	11.5	6:21	-1.3	6:50	-1.7	6:32	6:33	
26	Sun	1:06	11.0	1:24	11.6	7:10	-1.2	7:42	-1.7	6:33	6:31	
27	Mon	1:58	10.7	2:16	11.4	8:00	-0.9	8:36	-1.4	6:34	6:29	
28	Tue	2:53	10.3	3:11	11.1	8:54	-0.5	9:34	-1.0	6:35	6:27	
29	Wed	3:53	9.8	4:12	10.6	9:53	0.0	10:37	-0.5	6:36	6:25	
30	Thu	4:58	9.4	5:17	10.2	10:56	0.5	11:43	-0.1	6:37	6:24	