

Fore River, Portland, ME - Jan 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:08	9.2	8:38	8.2	1:50	1.4	2:32	0.7	7:14	4:15	
2	Sun	8:50	9.4	9:26	8.4	2:38	1.3	3:20	0.4	7:14	4:15	
3	Mon	9:32	9.6	10:08	8.6	3:20	1.1	3:56	0.2	7:14	4:16	
4	Tue	10:14	9.8	10:50	8.7	3:56	1.0	4:32	-0.1	7:14	4:17	
5	Wed	10:50	10.0	11:26	8.9	4:32	0.8	5:08	-0.3	7:14	4:18	
6	Thu	11:26	10.1			5:14	0.6	5:44	-0.4	7:14	4:19	
7	Fri	12:02	9.0	12:02	10.1	5:50	0.4	6:20	-0.6	7:14	4:20	
8	Sat	12:38	9.2	12:44	10.1	6:32	0.3	7:02	-0.6	7:14	4:21	
9	Sun	1:14	9.4	1:26	10.0	7:14	0.2	7:44	-0.6	7:13	4:23	
10	Mon	1:56	9.5	2:08	9.8	8:02	0.2	8:26	-0.5	7:13	4:24	
11	Tue	2:44	9.6	3:02	9.5	8:50	0.1	9:14	-0.3	7:13	4:25	
12	Wed	3:32	9.7	3:56	9.2	9:50	0.1	10:08	-0.1	7:12	4:26	
13	Thu	4:32	9.8	5:02	9.0	10:50	0.1	11:08	0.1	7:12	4:27	
14	Fri	5:32	10.0	6:08	8.9	11:56	0.0			7:11	4:28	
15	Sat	6:32	10.2	7:20	9.0	12:08	0.2	1:02	-0.3	7:11	4:29	
16	Sun	7:38	10.4	8:20	9.2	1:14	0.2	2:08	-0.7	7:10	4:31	
17	Mon	8:38	10.8	9:20	9.5	2:20	-0.1	3:08	-1.1	7:10	4:32	
18	Tue	9:32	11.0	10:14	9.8	3:14	-0.3	4:02	-1.4	7:09	4:33	
19	Wed	10:26	11.2	11:08	10.0	4:14	-0.6	4:50	-1.6	7:09	4:34	
20	Thu	11:20	11.1	11:56	10.1	5:02	-0.7	5:38	-1.5	7:08	4:36	
21	Fri			12:08	10.9	5:56	-0.6	6:26	-1.3	7:07	4:37	
22	Sat	12:44	10.0	12:56	10.5	6:44	-0.4	7:08	-0.9	7:06	4:38	
23	Sun	1:26	9.8	1:44	10.0	7:26	-0.1	7:56	-0.4	7:06	4:40	
24	Mon	2:14	9.6	2:32	9.4	8:20	0.2	8:38	0.1	7:05	4:41	
25	Tue	3:02	9.3	3:20	8.8	9:08	0.6	9:26	0.6	7:04	4:42	
26	Wed	3:50	9.0	4:14	8.3	10:02	1.0	10:14	1.1	7:03	4:44	
27	Thu	4:38	8.8	5:08	7.9	10:56	1.2	11:08	1.5	7:02	4:45	
28	Fri	5:32	8.6	6:08	7.7	11:56	1.3			7:01	4:46	
29	Sat	6:26	8.6	7:08	7.7	12:02	1.7	12:56	1.3	7:00	4:48	
30	Sun	7:26	8.8	8:02	7.8	1:02	1.7	1:56	1.0	6:59	4:49	
31	Mon	8:14	9.0	8:50	8.1	1:56	1.5	2:44	0.7	6:58	4:50	