

Fore River, Portland, ME - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:02	9.9	3:37	9.0	9:24	-0.2	9:42	0.3	6:17	5:29	
2	Thu	3:58	9.8	4:39	8.8	10:23	0.0	10:42	0.5	6:16	5:30	
3	Fri	5:01	9.8	5:47	8.7	11:28	0.0	11:47	0.6	6:14	5:31	
4	Sat	6:09	9.8	6:57	8.8			12:38	-0.1	6:12	5:33	
5	Sun	7:18	10.1	8:03	9.2	12:57	0.4	1:45	-0.4	6:10	5:34	
6	Mon	8:23	10.4	9:02	9.7	2:03	0.0	2:46	-0.8	6:09	5:35	
7	Tue	9:21	10.7	9:55	10.2	3:03	-0.5	3:40	-1.2	6:07	5:36	
8	Wed	10:14	10.9	10:45	10.5	3:58	-0.9	4:30	-1.4	6:05	5:38	
9	Thu	11:05	11.0	11:32	10.7	4:50	-1.2	5:17	-1.4	6:04	5:39	
10	Fri	11:53	10.8			5:39	-1.2	6:02	-1.2	6:02	5:40	
11	Sat	12:16	10.6	12:40	10.4	6:25	-1.1	6:46	-0.8	6:00	5:41	
12	Sun	1:00	10.4	1:25	9.9	7:11	-0.8	7:29	-0.2	5:58	5:43	
13	Mon	1:43	10.1	2:12	9.4	7:58	-0.4	8:13	0.3	5:56	5:44	
14	Tue	2:28	9.6	3:02	8.8	8:46	0.1	9:00	0.9	5:55	5:45	
15	Wed	3:17	9.2	3:55	8.3	9:38	0.6	9:51	1.4	5:53	5:46	
16	Thu	4:09	8.8	4:51	8.0	10:33	1.0	10:46	1.7	5:51	5:48	
17	Fri	5:06	8.5	5:50	7.8	11:32	1.3	11:45	1.9	5:49	5:49	
18	Sat	6:05	8.4	6:50	7.8			12:33	1.3	5:48	5:50	
19	Sun	7:05	8.5	7:45	8.1	12:47	1.9	1:31	1.2	5:46	5:51	
20	Mon	7:59	8.8	8:33	8.4	1:44	1.6	2:20	0.9	5:44	5:52	
21	Tue	8:46	9.1	9:16	8.8	2:33	1.2	3:03	0.6	5:42	5:54	
22	Wed	9:29	9.4	9:54	9.2	3:16	0.8	3:41	0.2	5:40	5:55	
23	Thu	10:10	9.7	10:31	9.6	3:55	0.3	4:17	-0.1	5:39	5:56	
24	Fri	10:49	9.9	11:07	10.0	4:34	-0.1	4:54	-0.3	5:37	5:57	
25	Sat	11:28	10.0	11:44	10.3	5:14	-0.5	5:31	-0.5	5:35	5:59	
26	Sun			12:08	10.1	5:54	-0.8	6:11	-0.5	5:33	6:00	
27	Mon	12:23	10.5	12:51	10.0	6:37	-1.0	6:53	-0.4	5:31	6:01	
28	Tue	1:04	10.6	1:36	9.8	7:23	-1.0	7:39	-0.3	5:29	6:02	
29	Wed	1:51	10.5	2:28	9.5	8:13	-0.8	8:30	0.0	5:28	6:03	
30	Thu	2:43	10.3	3:26	9.2	9:08	-0.6	9:27	0.3	5:26	6:05	
31	Fri	3:43	10.1	4:30	9.0	10:09	-0.3	10:29	0.6	5:24	6:06	