

Fore River, Portland, ME - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:13	8.8	9:30	9.9	3:04	0.4	3:12	1.0	5:03	8:26	
2	Sun	10:05	8.7	10:16	10.0	3:56	0.3	4:01	1.1	5:03	8:26	
3	Mon	10:52	8.8	11:00	10.0	4:43	0.2	4:45	1.1	5:04	8:26	
4	Tue	11:36	8.8	11:40	10.0	5:26	0.1	5:27	1.1	5:05	8:25	
5	Wed			12:17	8.8	6:06	0.1	6:06	1.2	5:05	8:25	
6	Thu	12:19	9.9	12:56	8.9	6:42	0.1	6:43	1.2	5:06	8:25	
7	Fri	12:56	9.9	1:32	8.9	7:17	0.1	7:20	1.2	5:07	8:24	
8	Sat	1:32	9.8	2:08	8.9	7:51	0.2	7:57	1.2	5:07	8:24	
9	Sun	2:08	9.6	2:44	8.9	8:26	0.3	8:36	1.3	5:08	8:24	
10	Mon	2:46	9.5	3:22	9.0	9:03	0.4	9:18	1.3	5:09	8:23	
11	Tue	3:27	9.3	4:02	9.1	9:43	0.5	10:04	1.2	5:09	8:23	
12	Wed	4:12	9.1	4:45	9.2	10:26	0.5	10:53	1.1	5:10	8:22	
13	Thu	5:01	8.9	5:32	9.4	11:12	0.6	11:46	0.9	5:11	8:22	
14	Fri	5:54	8.8	6:23	9.7			12:02	0.7	5:12	8:21	
15	Sat	6:52	8.8	7:18	10.1	12:43	0.7	12:57	0.6	5:13	8:20	
16	Sun	7:54	8.9	8:16	10.5	1:43	0.3	1:56	0.5	5:14	8:20	
17	Mon	8:56	9.2	9:14	10.9	2:44	-0.2	2:55	0.2	5:15	8:19	
18	Tue	9:55	9.6	10:11	11.4	3:42	-0.8	3:53	-0.2	5:15	8:18	
19	Wed	10:53	10.0	11:07	11.7	4:38	-1.3	4:49	-0.5	5:16	8:17	
20	Thu	11:48	10.3			5:33	-1.7	5:45	-0.8	5:17	8:17	
21	Fri	12:03	11.9	12:43	10.6	6:26	-1.9	6:41	-0.9	5:18	8:16	
22	Sat	12:58	11.8	1:37	10.7	7:19	-1.9	7:36	-0.9	5:19	8:15	
23	Sun	1:52	11.6	2:30	10.7	8:11	-1.6	8:32	-0.7	5:20	8:14	
24	Mon	2:47	11.1	3:24	10.6	9:04	-1.2	9:30	-0.4	5:21	8:13	
25	Tue	3:45	10.5	4:20	10.4	9:58	-0.7	10:30	0.0	5:22	8:12	
26	Wed	4:44	9.9	5:16	10.1	10:53	-0.1	11:31	0.3	5:23	8:11	
27	Thu	5:44	9.3	6:13	9.8	11:50	0.5			5:24	8:10	
28	Fri	6:45	8.8	7:11	9.6	12:33	0.6	12:48	0.9	5:25	8:09	
29	Sat	7:46	8.5	8:08	9.5	1:37	0.7	1:47	1.2	5:26	8:08	
30	Sun	8:45	8.4	9:02	9.5	2:37	0.7	2:44	1.4	5:27	8:07	
31	Mon	9:38	8.4	9:50	9.6	3:30	0.6	3:35	1.3	5:29	8:05	