

Fore River, Portland, ME - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:26	8.6	10:35	9.7	4:18	0.5	4:21	1.3	5:30	8:04	
2	Wed	11:09	8.7	11:16	9.8	5:00	0.4	5:02	1.1	5:31	8:03	
3	Thu	11:50	8.8	11:55	9.9	5:39	0.3	5:41	1.0	5:32	8:02	
4	Fri			12:27	9.0	6:15	0.2	6:18	1.0	5:33	8:01	
5	Sat	12:32	9.9	1:03	9.1	6:49	0.1	6:54	0.9	5:34	7:59	
6	Sun	1:07	9.8	1:36	9.2	7:21	0.1	7:30	0.8	5:35	7:58	
7	Mon	1:43	9.7	2:10	9.3	7:55	0.2	8:08	0.8	5:36	7:57	
8	Tue	2:19	9.6	2:45	9.4	8:30	0.2	8:49	0.7	5:37	7:55	
9	Wed	2:58	9.4	3:24	9.5	9:09	0.3	9:34	0.7	5:38	7:54	
10	Thu	3:42	9.2	4:08	9.6	9:53	0.4	10:23	0.6	5:39	7:53	
11	Fri	4:32	9.0	4:57	9.7	10:40	0.5	11:17	0.6	5:41	7:51	
12	Sat	5:27	8.9	5:51	9.9	11:33	0.6			5:42	7:50	
13	Sun	6:27	8.8	6:51	10.1	12:15	0.4	12:30	0.6	5:43	7:48	
14	Mon	7:31	8.9	7:54	10.4	1:18	0.2	1:32	0.5	5:44	7:47	
15	Tue	8:37	9.2	8:57	10.8	2:23	-0.2	2:36	0.2	5:45	7:45	
16	Wed	9:38	9.6	9:56	11.2	3:24	-0.7	3:37	-0.2	5:46	7:44	
17	Thu	10:36	10.1	10:53	11.5	4:21	-1.2	4:35	-0.6	5:47	7:42	
18	Fri	11:30	10.5	11:48	11.7	5:15	-1.5	5:31	-1.0	5:48	7:41	
19	Sat			12:23	10.8	6:07	-1.7	6:25	-1.1	5:50	7:39	
20	Sun	12:42	11.6	1:14	10.9	6:58	-1.6	7:19	-1.1	5:51	7:37	
21	Mon	1:35	11.3	2:04	10.8	7:48	-1.3	8:12	-0.9	5:52	7:36	
22	Tue	2:27	10.8	2:55	10.6	8:37	-0.9	9:06	-0.5	5:53	7:34	
23	Wed	3:20	10.2	3:47	10.3	9:28	-0.3	10:02	-0.1	5:54	7:33	
24	Thu	4:16	9.6	4:41	9.9	10:21	0.3	11:00	0.4	5:55	7:31	
25	Fri	5:14	9.0	5:37	9.5	11:16	0.9			5:56	7:29	
26	Sat	6:13	8.5	6:34	9.3	12:00	0.8	12:13	1.3	5:57	7:28	
27	Sun	7:13	8.3	7:33	9.1	1:01	1.0	1:13	1.6	5:59	7:26	
28	Mon	8:13	8.2	8:29	9.2	2:02	1.1	2:12	1.6	6:00	7:24	
29	Tue	9:06	8.3	9:20	9.3	2:58	1.0	3:06	1.5	6:01	7:22	
30	Wed	9:54	8.5	10:06	9.5	3:46	0.8	3:53	1.3	6:02	7:21	
31	Thu	10:37	8.8	10:48	9.7	4:28	0.6	4:34	1.0	6:03	7:19	