

Fore River, Portland, ME - Oct 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:15	9.6	11:33	9.8	5:02	0.3	5:19	0.2	6:38	6:23	
2	Mon	11:51	9.9			5:37	0.2	5:57	-0.1	6:39	6:21	
3	Tue	12:11	9.8	12:26	10.1	6:13	0.1	6:36	-0.3	6:40	6:19	
4	Wed	12:50	9.9	1:03	10.3	6:51	0.0	7:16	-0.4	6:42	6:17	
5	Thu	1:30	9.8	1:42	10.4	7:31	0.0	8:00	-0.5	6:43	6:16	
6	Fri	2:13	9.7	2:26	10.4	8:14	0.2	8:47	-0.4	6:44	6:14	
7	Sat	3:01	9.5	3:15	10.3	9:03	0.3	9:39	-0.3	6:45	6:12	
8	Sun	3:55	9.2	4:11	10.1	9:57	0.5	10:38	-0.1	6:46	6:10	
9	Mon	4:56	9.1	5:14	10.0	10:57	0.7	11:40	0.0	6:47	6:09	
10	Tue	6:01	9.1	6:20	9.9			12:01	0.7	6:49	6:07	
11	Wed	7:07	9.2	7:29	10.0	12:45	0.0	1:09	0.6	6:50	6:05	
12	Thu	8:12	9.6	8:35	10.2	1:51	-0.1	2:17	0.2	6:51	6:03	
13	Fri	9:11	10.0	9:35	10.4	2:53	-0.3	3:19	-0.2	6:52	6:02	
14	Sat	10:04	10.5	10:29	10.6	3:48	-0.6	4:14	-0.7	6:53	6:00	
15	Sun	10:54	10.8	11:21	10.6	4:39	-0.7	5:06	-1.0	6:55	5:58	
16	Mon	11:41	10.9			5:26	-0.7	5:55	-1.1	6:56	5:57	
17	Tue	12:10	10.5	12:26	10.9	6:12	-0.5	6:42	-1.0	6:57	5:55	
18	Wed	12:57	10.2	1:10	10.7	6:56	-0.2	7:27	-0.8	6:58	5:53	
19	Thu	1:42	9.9	1:53	10.4	7:40	0.2	8:12	-0.4	7:00	5:52	
20	Fri	2:28	9.4	2:37	9.9	8:24	0.7	8:59	0.1	7:01	5:50	
21	Sat	3:16	9.0	3:24	9.5	9:10	1.2	9:48	0.5	7:02	5:48	
22	Sun	4:07	8.6	4:15	9.1	10:00	1.6	10:40	0.9	7:03	5:47	
23	Mon	5:00	8.3	5:10	8.8	10:54	1.9	11:34	1.2	7:05	5:45	
24	Tue	5:55	8.2	6:07	8.6	11:50	2.0			7:06	5:44	
25	Wed	6:50	8.2	7:04	8.6	12:29	1.4	12:48	2.0	7:07	5:42	
26	Thu	7:43	8.4	8:00	8.7	1:24	1.3	1:46	1.7	7:09	5:41	
27	Fri	8:33	8.7	8:51	8.9	2:15	1.2	2:39	1.4	7:10	5:39	
28	Sat	9:17	9.1	9:37	9.1	3:01	1.0	3:25	0.9	7:11	5:38	
29	Sun	8:57	9.6	9:20	9.4	2:42	0.7	3:07	0.4	6:12	4:36	
30	Mon	9:35	10.0	10:01	9.6	3:21	0.4	3:47	-0.1	6:14	4:35	
31	Tue	10:13	10.4	10:42	9.8	4:00	0.2	4:28	-0.5	6:15	4:34	