

Fore River, Portland, ME - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:00	10.3	8:26	10.4	1:41	-0.4	2:11	-0.5	6:16	4:33	
2	Fri	8:53	10.8	9:22	10.6	2:36	-0.7	3:07	-1.0	6:17	4:31	
3	Sat	9:44	11.2	10:15	10.7	3:28	-0.9	4:01	-1.5	6:19	4:30	
4	Sun	10:34	11.4	11:07	10.7	4:18	-0.9	4:52	-1.6	6:20	4:29	
5	Mon	11:22	11.4	11:58	10.4	5:07	-0.8	5:42	-1.6	6:21	4:27	
6	Tue			12:10	11.2	5:55	-0.5	6:31	-1.3	6:22	4:26	
7	Wed	12:47	10.1	12:57	10.8	6:44	0.0	7:20	-0.9	6:24	4:25	
8	Thu	1:38	9.6	1:47	10.3	7:33	0.5	8:11	-0.3	6:25	4:24	
9	Fri	2:30	9.2	2:39	9.7	8:25	1.0	9:05	0.2	6:26	4:23	
10	Sat	3:25	8.8	3:35	9.2	9:20	1.4	10:00	0.7	6:28	4:21	
11	Sun	4:21	8.5	4:33	8.9	10:19	1.7	10:56	1.0	6:29	4:20	
12	Mon	5:17	8.5	5:31	8.6	11:18	1.8	11:52	1.2	6:30	4:19	
13	Tue	6:12	8.5	6:29	8.6			12:18	1.7	6:32	4:18	
14	Wed	7:04	8.7	7:24	8.6	12:46	1.2	1:15	1.5	6:33	4:17	
15	Thu	7:52	9.0	8:13	8.7	1:36	1.1	2:05	1.1	6:34	4:16	
16	Fri	8:34	9.3	8:58	8.9	2:19	1.0	2:49	0.8	6:36	4:15	
17	Sat	9:13	9.6	9:40	9.1	2:59	0.9	3:28	0.4	6:37	4:14	
18	Sun	9:50	9.9	10:20	9.2	3:36	0.7	4:06	0.0	6:38	4:13	
19	Mon	10:26	10.1	10:59	9.3	4:12	0.6	4:44	-0.2	6:39	4:13	
20	Tue	11:03	10.3	11:38	9.3	4:50	0.5	5:22	-0.4	6:41	4:12	
21	Wed	11:41	10.4			5:29	0.4	6:03	-0.6	6:42	4:11	
22	Thu	12:18	9.3	12:22	10.5	6:11	0.4	6:45	-0.6	6:43	4:10	
23	Fri	1:01	9.3	1:06	10.4	6:56	0.5	7:32	-0.6	6:44	4:10	
24	Sat	1:48	9.2	1:56	10.3	7:45	0.5	8:22	-0.5	6:46	4:09	
25	Sun	2:41	9.2	2:52	10.1	8:39	0.6	9:17	-0.3	6:47	4:08	
26	Mon	3:39	9.2	3:53	9.8	9:39	0.7	10:16	-0.2	6:48	4:08	
27	Tue	4:40	9.4	4:58	9.7	10:43	0.6	11:17	-0.1	6:49	4:07	
28	Wed	5:42	9.6	6:05	9.6	11:50	0.4			6:50	4:07	
29	Thu	6:43	10.0	7:12	9.7	12:19	-0.1	12:57	0.0	6:52	4:06	
30	Fri	7:42	10.4	8:14	9.8	1:21	-0.2	2:00	-0.5	6:53	4:06	