

Fore River, Portland, ME - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:58	9.8	11:24	9.2	4:46	0.4	5:13	-0.2	6:16	5:30	
2	Sun	11:35	9.7	11:58	9.3	5:23	0.3	5:47	-0.1	6:15	5:31	
3	Mon			12:10	9.6	5:58	0.3	6:18	0.0	6:13	5:32	
4	Tue	12:30	9.3	12:45	9.4	6:32	0.3	6:50	0.2	6:11	5:33	
5	Wed	1:02	9.3	1:19	9.1	7:07	0.4	7:23	0.5	6:10	5:35	
6	Thu	1:35	9.2	1:56	8.8	7:44	0.5	7:59	0.7	6:08	5:36	
7	Fri	2:11	9.1	2:37	8.5	8:25	0.6	8:39	1.0	6:06	5:37	
8	Sat	2:52	9.0	3:23	8.2	9:10	0.8	9:24	1.2	6:04	5:38	
9	Sun	3:38	8.9	4:15	8.0	10:00	0.9	10:15	1.4	6:03	5:40	
10	Mon	4:30	8.9	5:13	7.9	10:56	0.9	11:11	1.4	6:01	5:41	
11	Tue	5:29	9.0	6:16	8.1	11:57	0.7			5:59	5:42	
12	Wed	6:32	9.3	7:19	8.5	12:13	1.2	1:01	0.4	5:57	5:43	
13	Thu	7:36	9.8	8:18	9.1	1:17	0.8	2:01	-0.2	5:56	5:45	
14	Fri	8:34	10.4	9:11	9.8	2:17	0.1	2:56	-0.8	5:54	5:46	
15	Sat	9:29	10.9	10:02	10.4	3:13	-0.6	3:47	-1.4	5:52	5:47	
16	Sun	10:22	11.3	10:52	11.0	4:06	-1.3	4:37	-1.8	5:50	5:48	
17	Mon	11:15	11.5	11:41	11.3	4:59	-1.7	5:26	-1.9	5:48	5:49	
18	Tue			12:07	11.4	5:51	-2.0	6:15	-1.8	5:47	5:51	
19	Wed	12:30	11.4	12:59	11.1	6:43	-2.0	7:04	-1.4	5:45	5:52	
20	Thu	1:20	11.3	1:52	10.6	7:36	-1.7	7:56	-0.9	5:43	5:53	
21	Fri	2:12	10.9	2:50	9.9	8:32	-1.2	8:51	-0.2	5:41	5:54	
22	Sat	3:09	10.4	3:52	9.3	9:32	-0.6	9:51	0.5	5:39	5:56	
23	Sun	4:10	9.8	4:56	8.8	10:36	-0.1	10:55	1.0	5:38	5:57	
24	Mon	5:15	9.4	6:02	8.5	11:43	0.4			5:36	5:58	
25	Tue	6:21	9.1	7:07	8.5	12:02	1.3	12:50	0.6	5:34	5:59	
26	Wed	7:25	9.1	8:05	8.6	1:10	1.3	1:51	0.6	5:32	6:00	
27	Thu	8:21	9.2	8:55	8.8	2:09	1.2	2:43	0.4	5:30	6:02	
28	Fri	9:10	9.3	9:39	9.1	3:00	0.9	3:28	0.3	5:29	6:03	
29	Sat	9:54	9.4	10:18	9.3	3:44	0.6	4:07	0.3	5:27	6:04	
30	Sun	10:34	9.5	10:54	9.4	4:23	0.4	4:43	0.2	5:25	6:05	
31	Mon	11:11	9.5	11:27	9.6	5:00	0.2	5:15	0.3	5:23	6:06	