

Fore River, Portland, ME - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:10	8.8	6:29	9.1			12:15	1.3	6:17	4:32	
2	Sun	7:08	8.9	7:28	9.1	12:51	0.7	1:17	1.2	6:18	4:30	
3	Mon	8:00	9.1	8:20	9.1	1:46	0.7	2:11	1.0	6:20	4:29	
4	Tue	8:45	9.4	9:06	9.2	2:33	0.7	2:58	0.7	6:21	4:28	
5	Wed	9:25	9.6	9:48	9.2	3:14	0.7	3:40	0.4	6:22	4:26	
6	Thu	10:03	9.7	10:28	9.2	3:51	0.7	4:18	0.2	6:23	4:25	
7	Fri	10:38	9.8	11:06	9.2	4:26	0.7	4:53	0.1	6:25	4:24	
8	Sat	11:11	9.8	11:42	9.1	4:59	0.8	5:28	0.1	6:26	4:23	
9	Sun	11:45	9.8			5:33	0.9	6:02	0.1	6:27	4:22	
10	Mon	12:18	8.9	12:18	9.8	6:08	1.0	6:38	0.1	6:29	4:21	
11	Tue	12:54	8.8	12:54	9.7	6:44	1.2	7:17	0.2	6:30	4:20	
12	Wed	1:33	8.6	1:34	9.6	7:25	1.3	7:59	0.3	6:31	4:18	
13	Thu	2:16	8.5	2:19	9.5	8:10	1.4	8:47	0.4	6:33	4:17	
14	Fri	3:05	8.5	3:12	9.4	9:01	1.4	9:39	0.4	6:34	4:16	
15	Sat	3:59	8.6	4:10	9.4	9:57	1.3	10:34	0.4	6:35	4:16	
16	Sun	4:56	8.8	5:11	9.4	10:58	1.1	11:32	0.2	6:37	4:15	
17	Mon	5:55	9.2	6:15	9.6			12:01	0.7	6:38	4:14	
18	Tue	6:54	9.8	7:19	9.9	12:32	0.0	1:05	0.1	6:39	4:13	
19	Wed	7:50	10.4	8:19	10.2	1:31	-0.3	2:06	-0.6	6:40	4:12	
20	Thu	8:44	11.0	9:16	10.5	2:26	-0.7	3:02	-1.2	6:42	4:11	
21	Fri	9:35	11.5	10:10	10.6	3:19	-0.9	3:55	-1.7	6:43	4:11	
22	Sat	10:26	11.8	11:04	10.7	4:10	-1.0	4:48	-2.0	6:44	4:10	
23	Sun	11:17	11.8	11:57	10.5	5:02	-0.9	5:40	-2.0	6:45	4:09	
24	Mon			12:08	11.6	5:53	-0.7	6:32	-1.8	6:47	4:08	
25	Tue	12:49	10.2	1:00	11.2	6:45	-0.3	7:25	-1.3	6:48	4:08	
26	Wed	1:43	9.8	1:53	10.6	7:38	0.2	8:19	-0.8	6:49	4:07	
27	Thu	2:39	9.4	2:50	10.0	8:35	0.7	9:16	-0.2	6:50	4:07	
28	Fri	3:37	9.1	3:50	9.5	9:35	1.1	10:14	0.3	6:51	4:06	
29	Sat	4:36	8.9	4:50	9.0	10:37	1.3	11:11	0.7	6:52	4:06	
30	Sun	5:33	8.8	5:50	8.7	11:40	1.5			6:54	4:06	