

Fore River, Portland, ME - Jan 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:25	8.9	7:57	8.0	1:05	1.5	1:49	1.1	7:14	4:15	
2	Fri	8:12	9.1	8:46	8.2	1:54	1.4	2:37	0.7	7:14	4:15	
3	Sat	8:55	9.4	9:31	8.4	2:39	1.3	3:20	0.4	7:14	4:16	
4	Sun	9:35	9.7	10:13	8.6	3:20	1.1	3:59	0.1	7:14	4:17	
5	Mon	10:15	9.9	10:53	8.7	3:59	0.9	4:38	-0.2	7:14	4:18	
6	Tue	10:54	10.1	11:32	8.9	4:39	0.7	5:16	-0.5	7:14	4:19	
7	Wed	11:33	10.3			5:19	0.5	5:55	-0.7	7:14	4:20	
8	Thu	12:11	9.1	12:13	10.4	6:00	0.3	6:36	-0.8	7:14	4:21	
9	Fri	12:51	9.2	12:56	10.4	6:44	0.2	7:18	-0.9	7:13	4:23	
10	Sat	1:34	9.4	1:42	10.3	7:31	0.1	8:04	-0.8	7:13	4:24	
11	Sun	2:21	9.5	2:34	10.0	8:22	0.1	8:53	-0.6	7:13	4:25	
12	Mon	3:12	9.6	3:30	9.7	9:18	0.1	9:46	-0.4	7:12	4:26	
13	Tue	4:07	9.7	4:31	9.4	10:19	0.1	10:43	-0.1	7:12	4:27	
14	Wed	5:06	9.8	5:37	9.1	11:23	0.1	11:43	0.1	7:11	4:28	
15	Thu	6:07	10.0	6:45	9.0			12:30	-0.1	7:11	4:30	
16	Fri	7:10	10.2	7:52	9.0	12:47	0.2	1:37	-0.4	7:10	4:31	
17	Sat	8:10	10.4	8:52	9.2	1:50	0.2	2:38	-0.8	7:10	4:32	
18	Sun	9:07	10.7	9:48	9.4	2:48	0.0	3:34	-1.1	7:09	4:33	
19	Mon	10:00	10.8	10:40	9.5	3:43	-0.1	4:26	-1.3	7:09	4:34	
20	Tue	10:50	10.9	11:29	9.6	4:34	-0.2	5:15	-1.3	7:08	4:36	
21	Wed	11:38	10.7			5:23	-0.1	6:01	-1.1	7:07	4:37	
22	Thu	12:15	9.5	12:24	10.5	6:09	0.0	6:44	-0.9	7:06	4:38	
23	Fri	12:59	9.4	1:08	10.1	6:55	0.2	7:27	-0.5	7:06	4:40	
24	Sat	1:42	9.2	1:52	9.6	7:40	0.5	8:09	0.0	7:05	4:41	
25	Sun	2:25	9.0	2:38	9.1	8:26	0.8	8:52	0.4	7:04	4:42	
26	Mon	3:10	8.8	3:27	8.6	9:16	1.1	9:37	0.9	7:03	4:44	
27	Tue	3:57	8.6	4:19	8.1	10:07	1.3	10:24	1.3	7:02	4:45	
28	Wed	4:46	8.5	5:15	7.8	11:02	1.4	11:14	1.6	7:01	4:46	
29	Thu	5:38	8.5	6:14	7.6			12:00	1.5	7:00	4:48	
30	Fri	6:32	8.5	7:13	7.6	12:08	1.7	1:00	1.3	6:59	4:49	
31	Sat	7:26	8.8	8:08	7.8	1:05	1.7	1:55	1.0	6:58	4:50	