

Fore River, Portland, ME - Jun 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:19	9.0	7:56	9.3	1:08	1.2	1:35	0.8	5:02	8:15	
2	Mon	8:20	8.8	8:48	9.5	2:12	1.1	2:29	1.0	5:01	8:16	
3	Tue	9:16	8.6	9:34	9.6	3:08	0.8	3:18	1.2	5:01	8:17	
4	Wed	10:06	8.6	10:16	9.7	3:58	0.6	4:02	1.3	5:01	8:17	
5	Thu	10:52	8.5	10:56	9.8	4:43	0.4	4:43	1.4	5:00	8:18	
6	Fri	11:35	8.5	11:34	9.8	5:24	0.3	5:21	1.6	5:00	8:19	
7	Sat			12:15	8.5	6:03	0.3	5:59	1.6	4:59	8:19	
8	Sun	12:11	9.7	12:54	8.4	6:40	0.3	6:35	1.7	4:59	8:20	
9	Mon	12:48	9.7	1:32	8.4	7:16	0.3	7:12	1.8	4:59	8:21	
10	Tue	1:25	9.6	2:09	8.3	7:52	0.4	7:50	1.8	4:59	8:21	
11	Wed	2:02	9.5	2:48	8.2	8:30	0.5	8:31	1.8	4:59	8:22	
12	Thu	2:42	9.4	3:29	8.3	9:10	0.5	9:15	1.8	4:59	8:22	
13	Fri	3:25	9.3	4:12	8.4	9:52	0.6	10:03	1.8	4:58	8:23	
14	Sat	4:13	9.2	4:58	8.7	10:37	0.6	10:55	1.6	4:58	8:23	
15	Sun	5:04	9.1	5:45	9.0	11:24	0.6	11:50	1.3	4:58	8:24	
16	Mon	5:59	9.0	6:35	9.5			12:13	0.6	4:58	8:24	
17	Tue	6:57	9.0	7:27	10.0	12:48	0.9	1:06	0.5	4:58	8:25	
18	Wed	7:58	9.0	8:21	10.5	1:48	0.4	2:02	0.4	4:59	8:25	
19	Thu	8:59	9.2	9:16	11.0	2:48	-0.2	2:58	0.3	4:59	8:25	
20	Fri	9:58	9.4	10:10	11.3	3:46	-0.8	3:53	0.1	4:59	8:25	
21	Sat	10:56	9.6	11:05	11.6	4:41	-1.2	4:48	0.0	4:59	8:26	
22	Sun	11:53	9.7			5:37	-1.5	5:44	0.0	4:59	8:26	
23	Mon	12:01	11.7	12:49	9.8	6:32	-1.6	6:40	0.0	5:00	8:26	
24	Tue	12:57	11.6	1:45	9.7	7:27	-1.4	7:36	0.1	5:00	8:26	
25	Wed	1:52	11.3	2:40	9.7	8:21	-1.2	8:33	0.3	5:00	8:26	
26	Thu	2:49	10.8	3:36	9.6	9:16	-0.8	9:32	0.6	5:01	8:26	
27	Fri	3:47	10.3	4:33	9.5	10:11	-0.3	10:33	0.9	5:01	8:26	
28	Sat	4:46	9.7	5:28	9.4	11:06	0.2	11:35	1.1	5:01	8:26	
29	Sun	5:46	9.1	6:22	9.3	11:59	0.7			5:02	8:26	
30	Mon	6:45	8.6	7:15	9.3	12:37	1.2	12:53	1.1	5:02	8:26	