

Fore River, Portland, ME - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:32	8.6	5:20	7.3	11:03	1.3	11:11	2.0	6:17	5:29	
2	Thu	5:32	8.7	6:26	7.4			12:07	1.2	6:15	5:31	
3	Fri	6:38	9.0	7:30	7.8	12:15	1.8	1:13	0.8	6:13	5:32	
4	Sat	7:41	9.5	8:26	8.4	1:20	1.4	2:11	0.2	6:12	5:33	
5	Sun	8:38	10.1	9:16	9.2	2:19	0.7	3:03	-0.4	6:10	5:34	
6	Mon	9:31	10.6	10:04	9.9	3:14	-0.1	3:50	-1.0	6:08	5:36	
7	Tue	10:22	11.0	10:51	10.6	4:06	-0.8	4:37	-1.5	6:06	5:37	
8	Wed	11:12	11.2	11:37	11.1	4:57	-1.4	5:23	-1.6	6:05	5:38	
9	Thu			12:02	11.1	5:47	-1.8	6:09	-1.6	6:03	5:39	
10	Fri	12:24	11.3	12:53	10.8	6:38	-1.9	6:57	-1.2	6:01	5:41	
11	Sat	1:11	11.2	1:45	10.2	7:30	-1.6	7:46	-0.6	5:59	5:42	
12	Sun	2:02	10.9	2:42	9.5	8:25	-1.2	8:40	0.1	5:58	5:43	
13	Mon	2:57	10.4	3:44	8.9	9:25	-0.5	9:39	0.7	5:56	5:44	
14	Tue	3:59	9.8	4:50	8.3	10:31	0.1	10:44	1.3	5:54	5:46	
15	Wed	5:06	9.3	6:00	8.0	11:41	0.5	11:55	1.6	5:52	5:47	
16	Thu	6:17	9.0	7:09	8.0			12:53	0.7	5:51	5:48	
17	Fri	7:26	9.0	8:10	8.2	1:07	1.6	1:57	0.7	5:49	5:49	
18	Sat	8:24	9.1	9:01	8.5	2:10	1.4	2:50	0.5	5:47	5:50	
19	Sun	9:15	9.3	9:44	8.8	3:02	1.1	3:34	0.4	5:45	5:52	
20	Mon	9:58	9.3	10:23	9.1	3:47	0.7	4:13	0.3	5:43	5:53	
21	Tue	10:38	9.4	10:58	9.3	4:28	0.5	4:47	0.3	5:42	5:54	
22	Wed	11:15	9.3	11:30	9.4	5:04	0.3	5:19	0.4	5:40	5:55	
23	Thu	11:50	9.2			5:39	0.2	5:49	0.6	5:38	5:57	
24	Fri	12:00	9.5	12:24	9.0	6:12	0.2	6:19	0.8	5:36	5:58	
25	Sat	12:30	9.5	12:58	8.7	6:45	0.2	6:52	1.0	5:34	5:59	
26	Sun	1:01	9.4	1:33	8.4	7:20	0.4	7:26	1.3	5:32	6:00	
27	Mon	1:36	9.2	2:13	8.1	7:59	0.6	8:06	1.5	5:31	6:01	
28	Tue	2:16	9.1	2:58	7.8	8:43	0.8	8:51	1.7	5:29	6:03	
29	Wed	3:03	9.0	3:50	7.6	9:34	1.0	9:43	1.9	5:27	6:04	
30	Thu	3:58	8.9	4:49	7.6	10:31	1.0	10:42	1.9	5:25	6:05	
31	Fri	5:00	8.9	5:52	7.8	11:32	0.9	11:46	1.6	5:23	6:06	