

Fore River, Portland, ME - May 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:44	9.5	8:22	9.7	1:30	0.8	2:02	0.1	5:33	7:43	
2	Tue	8:47	9.8	9:16	10.4	2:34	0.1	2:58	-0.2	5:31	7:44	
3	Wed	9:45	10.1	10:07	11.0	3:32	-0.6	3:50	-0.5	5:30	7:45	
4	Thu	10:41	10.3	10:56	11.5	4:27	-1.2	4:41	-0.6	5:28	7:46	
5	Fri	11:35	10.3	11:46	11.7	5:20	-1.7	5:31	-0.5	5:27	7:48	
6	Sat			12:28	10.2	6:12	-1.8	6:22	-0.4	5:26	7:49	
7	Sun	12:37	11.6	1:21	10.0	7:04	-1.7	7:13	0.0	5:24	7:50	
8	Mon	1:28	11.3	2:14	9.6	7:56	-1.3	8:05	0.4	5:23	7:51	
9	Tue	2:20	10.8	3:09	9.2	8:50	-0.8	8:59	0.9	5:22	7:52	
10	Wed	3:15	10.2	4:06	8.8	9:46	-0.2	9:58	1.3	5:21	7:53	
11	Thu	4:14	9.7	5:06	8.6	10:45	0.3	11:00	1.6	5:20	7:54	
12	Fri	5:15	9.2	6:04	8.5	11:43	0.7			5:18	7:56	
13	Sat	6:16	8.8	7:01	8.5	12:03	1.8	12:40	1.1	5:17	7:57	
14	Sun	7:16	8.5	7:54	8.7	1:07	1.8	1:35	1.3	5:16	7:58	
15	Mon	8:14	8.4	8:43	8.9	2:07	1.6	2:26	1.4	5:15	7:59	
16	Tue	9:07	8.4	9:27	9.2	3:01	1.3	3:12	1.4	5:14	8:00	
17	Wed	9:55	8.4	10:06	9.4	3:48	1.0	3:53	1.4	5:13	8:01	
18	Thu	10:39	8.5	10:44	9.6	4:30	0.7	4:30	1.4	5:12	8:02	
19	Fri	11:20	8.5	11:20	9.7	5:08	0.5	5:07	1.5	5:11	8:03	
20	Sat			12:00	8.5	5:45	0.3	5:43	1.5	5:10	8:04	
21	Sun			12:38	8.5	6:22	0.2	6:20	1.5	5:09	8:05	
22	Mon	12:32	9.9	1:16	8.5	6:59	0.1	6:58	1.5	5:08	8:06	
23	Tue	1:10	9.9	1:55	8.5	7:38	0.1	7:39	1.5	5:08	8:07	
24	Wed	1:50	9.9	2:36	8.5	8:19	0.1	8:23	1.4	5:07	8:08	
25	Thu	2:34	9.9	3:22	8.5	9:04	0.1	9:12	1.4	5:06	8:09	
26	Fri	3:23	9.8	4:12	8.7	9:53	0.1	10:06	1.3	5:05	8:10	
27	Sat	4:18	9.7	5:06	9.0	10:44	0.1	11:05	1.2	5:05	8:11	
28	Sun	5:16	9.6	6:00	9.3	11:38	0.1			5:04	8:12	
29	Mon	6:17	9.4	6:56	9.8	12:06	0.9	12:33	0.2	5:03	8:13	
30	Tue	7:21	9.4	7:53	10.2	1:10	0.5	1:31	0.2	5:03	8:14	
31	Wed	8:26	9.4	8:49	10.7	2:14	0.0	2:29	0.2	5:02	8:14	