

Fore River, Portland, ME - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:27	9.5	9:43	11.1	3:14	-0.5	3:25	0.1	5:02	8:15	
2	Fri	10:25	9.6	10:36	11.3	4:11	-1.0	4:19	0.1	5:01	8:16	
3	Sat	11:20	9.7	11:28	11.3	5:05	-1.3	5:12	0.1	5:01	8:17	
4	Sun			12:15	9.6	5:59	-1.3	6:04	0.3	5:00	8:18	
5	Mon	12:20	11.2	1:07	9.5	6:50	-1.2	6:56	0.5	5:00	8:18	
6	Tue	1:12	11.0	1:58	9.3	7:41	-0.9	7:47	0.7	5:00	8:19	
7	Wed	2:02	10.6	2:49	9.1	8:31	-0.5	8:39	1.0	4:59	8:20	
8	Thu	2:53	10.1	3:41	8.9	9:22	-0.1	9:33	1.3	4:59	8:20	
9	Fri	3:46	9.6	4:33	8.8	10:12	0.4	10:29	1.6	4:59	8:21	
10	Sat	4:40	9.1	5:24	8.7	11:02	0.8	11:26	1.7	4:59	8:21	
11	Sun	5:35	8.6	6:13	8.7	11:51	1.1			4:59	8:22	
12	Mon	6:30	8.3	7:03	8.8	12:23	1.8	12:39	1.5	4:58	8:23	
13	Tue	7:27	8.0	7:51	8.9	1:20	1.7	1:29	1.7	4:58	8:23	
14	Wed	8:23	7.9	8:39	9.1	2:16	1.5	2:18	1.8	4:58	8:23	
15	Thu	9:15	7.9	9:23	9.3	3:08	1.3	3:05	1.9	4:58	8:24	
16	Fri	10:03	8.0	10:05	9.5	3:53	1.0	3:49	1.8	4:58	8:24	
17	Sat	10:48	8.1	10:46	9.7	4:36	0.7	4:31	1.7	4:58	8:25	
18	Sun	11:31	8.3	11:27	9.9	5:17	0.4	5:12	1.6	4:59	8:25	
19	Mon			12:13	8.4	5:57	0.2	5:53	1.4	4:59	8:25	
20	Tue	12:09	10.1	12:54	8.6	6:38	0.0	6:36	1.2	4:59	8:26	
21	Wed	12:51	10.3	1:35	8.8	7:19	-0.2	7:20	1.1	4:59	8:26	
22	Thu	1:34	10.4	2:18	9.0	8:01	-0.3	8:07	0.9	4:59	8:26	
23	Fri	2:19	10.4	3:03	9.2	8:45	-0.4	8:57	0.8	5:00	8:26	
24	Sat	3:08	10.2	3:51	9.5	9:32	-0.4	9:51	0.7	5:00	8:26	
25	Sun	4:02	10.0	4:43	9.7	10:21	-0.3	10:49	0.5	5:00	8:26	
26	Mon	4:59	9.7	5:36	10.0	11:13	-0.1	11:49	0.4	5:01	8:26	
27	Tue	6:00	9.3	6:31	10.2			12:07	0.2	5:01	8:26	
28	Wed	7:03	9.1	7:29	10.4	12:52	0.2	1:05	0.4	5:02	8:26	
29	Thu	8:09	8.9	8:29	10.6	1:57	0.0	2:06	0.6	5:02	8:26	
30	Fri	9:13	8.9	9:27	10.7	3:00	-0.3	3:06	0.7	5:02	8:26	