

Fore River, Portland, ME - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:48	9.0	11:55	10.4	5:35	-0.3	5:39	0.7	5:30	8:04	
2	Wed			12:33	9.1	6:21	-0.3	6:25	0.7	5:31	8:03	
3	Thu	12:40	10.3	1:14	9.2	7:02	-0.2	7:09	0.7	5:32	8:01	
4	Fri	1:22	10.0	1:53	9.2	7:40	0.0	7:51	0.8	5:33	8:00	
5	Sat	2:02	9.7	2:30	9.2	8:16	0.3	8:32	0.9	5:34	7:59	
6	Sun	2:42	9.2	3:08	9.1	8:52	0.7	9:15	1.1	5:35	7:58	
7	Mon	3:24	8.8	3:48	9.0	9:30	1.0	10:00	1.3	5:37	7:56	
8	Tue	4:10	8.4	4:30	8.9	10:11	1.4	10:47	1.5	5:38	7:55	
9	Wed	4:58	8.0	5:16	8.8	10:55	1.8	11:38	1.6	5:39	7:53	
10	Thu	5:51	7.6	6:05	8.7	11:42	2.1			5:40	7:52	
11	Fri	6:48	7.4	7:00	8.8	12:33	1.7	12:35	2.2	5:41	7:51	
12	Sat	7:49	7.4	7:58	9.0	1:34	1.6	1:33	2.2	5:42	7:49	
13	Sun	8:47	7.6	8:53	9.3	2:33	1.3	2:31	1.9	5:43	7:48	
14	Mon	9:39	8.0	9:45	9.8	3:26	0.9	3:25	1.5	5:44	7:46	
15	Tue	10:26	8.5	10:33	10.3	4:14	0.3	4:15	1.0	5:45	7:45	
16	Wed	11:12	9.0	11:20	10.7	4:59	-0.2	5:03	0.4	5:47	7:43	
17	Thu	11:56	9.6			5:42	-0.7	5:52	-0.1	5:48	7:42	
18	Fri	12:08	11.0	12:40	10.1	6:26	-1.0	6:41	-0.5	5:49	7:40	
19	Sat	12:55	11.0	1:25	10.6	7:10	-1.1	7:30	-0.8	5:50	7:38	
20	Sun	1:44	10.9	2:10	10.8	7:55	-1.0	8:21	-0.9	5:51	7:37	
21	Mon	2:35	10.5	2:59	10.8	8:42	-0.7	9:16	-0.7	5:52	7:35	
22	Tue	3:29	10.0	3:52	10.7	9:33	-0.3	10:14	-0.5	5:53	7:34	
23	Wed	4:29	9.4	4:50	10.4	10:29	0.3	11:16	-0.1	5:54	7:32	
24	Thu	5:32	8.9	5:52	10.1	11:29	0.8			5:56	7:30	
25	Fri	6:40	8.5	6:59	9.9	12:23	0.2	12:34	1.2	5:57	7:29	
26	Sat	7:50	8.4	8:07	9.8	1:33	0.4	1:43	1.3	5:58	7:27	
27	Sun	8:55	8.4	9:10	9.9	2:41	0.4	2:50	1.3	5:59	7:25	
28	Mon	9:52	8.6	10:05	10.0	3:41	0.2	3:48	1.1	6:00	7:24	
29	Tue	10:43	8.9	10:54	10.0	4:32	0.1	4:39	0.8	6:01	7:22	
30	Wed	11:27	9.1	11:39	10.0	5:17	0.0	5:25	0.7	6:02	7:20	
31	Thu			12:07	9.3	5:57	0.1	6:07	0.6	6:03	7:18	