

Fore River, Portland, ME - Sep 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:20	9.9	12:44	9.4	6:33	0.2	6:46	0.5	6:05	7:17	●
2	Sat	12:58	9.6	1:18	9.4	7:07	0.4	7:24	0.6	6:06	7:15	●
3	Sun	1:35	9.3	1:51	9.4	7:39	0.7	8:00	0.7	6:07	7:13	●
4	Mon	2:12	9.0	2:25	9.3	8:13	1.0	8:38	0.8	6:08	7:11	◐
5	Tue	2:50	8.6	3:01	9.1	8:48	1.3	9:19	1.1	6:09	7:10	◐
6	Wed	3:32	8.2	3:42	8.9	9:28	1.6	10:04	1.3	6:10	7:08	◐
7	Thu	4:19	7.9	4:28	8.8	10:12	1.9	10:55	1.5	6:11	7:06	◐
8	Fri	5:11	7.6	5:21	8.7	11:01	2.2	11:50	1.6	6:12	7:04	◐
9	Sat	6:07	7.4	6:18	8.7	11:56	2.2			6:13	7:02	◐
10	Sun	7:08	7.5	7:19	9.0	12:50	1.6	12:56	2.1	6:15	7:01	◐
11	Mon	8:09	7.8	8:19	9.4	1:52	1.3	1:57	1.8	6:16	6:59	◐
12	Tue	9:03	8.3	9:15	9.9	2:49	0.8	2:56	1.2	6:17	6:57	○
13	Wed	9:52	9.0	10:06	10.4	3:39	0.2	3:49	0.5	6:18	6:55	○
14	Thu	10:38	9.8	10:55	10.8	4:25	-0.4	4:40	-0.3	6:19	6:53	○
15	Fri	11:23	10.4	11:45	11.0	5:10	-0.9	5:29	-0.9	6:20	6:51	○
16	Sat			12:09	11.0	5:55	-1.1	6:20	-1.3	6:21	6:50	○
17	Sun	12:34	11.0	12:55	11.3	6:41	-1.1	7:10	-1.5	6:22	6:48	○
18	Mon	1:25	10.8	1:43	11.4	7:29	-0.9	8:02	-1.5	6:24	6:46	○
19	Tue	2:17	10.4	2:33	11.2	8:18	-0.5	8:57	-1.1	6:25	6:44	○
20	Wed	3:13	9.9	3:29	10.8	9:11	0.0	9:56	-0.6	6:26	6:42	○
21	Thu	4:14	9.3	4:30	10.3	10:10	0.6	11:00	-0.1	6:27	6:40	○
22	Fri	5:20	8.8	5:37	9.9	11:14	1.1			6:28	6:39	◐
23	Sat	6:28	8.5	6:46	9.6	12:09	0.3	12:23	1.4	6:29	6:37	◐
24	Sun	7:36	8.4	7:54	9.5	1:19	0.6	1:33	1.5	6:30	6:35	◐
25	Mon	8:39	8.6	8:56	9.5	2:25	0.6	2:39	1.3	6:31	6:33	◐
26	Tue	9:33	8.8	9:49	9.6	3:21	0.5	3:35	1.0	6:33	6:31	◐
27	Wed	10:19	9.1	10:35	9.6	4:08	0.4	4:23	0.7	6:34	6:29	◐
28	Thu	11:00	9.3	11:17	9.6	4:50	0.4	5:06	0.5	6:35	6:28	◐
29	Fri	11:37	9.5	11:57	9.4	5:27	0.5	5:46	0.4	6:36	6:26	◐
30	Sat			12:11	9.6	6:00	0.6	6:22	0.3	6:37	6:24	●