

Fore River, Portland, ME - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:22	8.5	12:18	9.5	6:08	1.5	6:42	0.5	6:17	4:32	
2	Thu	12:58	8.3	12:54	9.4	6:44	1.7	7:21	0.7	6:18	4:31	
3	Fri	1:37	8.1	1:35	9.3	7:24	1.8	8:04	0.8	6:19	4:29	
4	Sat	2:21	7.9	2:21	9.1	8:10	1.9	8:52	0.9	6:21	4:28	
5	Sun	3:11	7.9	3:14	9.1	9:01	2.0	9:45	0.9	6:22	4:27	
6	Mon	4:05	8.0	4:12	9.1	9:58	1.8	10:39	0.8	6:23	4:25	
7	Tue	5:01	8.3	5:13	9.1	10:58	1.6	11:35	0.6	6:25	4:24	
8	Wed	5:57	8.8	6:16	9.3			12:01	1.1	6:26	4:23	
9	Thu	6:53	9.5	7:17	9.6	12:32	0.4	1:04	0.4	6:27	4:22	
10	Fri	7:46	10.2	8:16	9.9	1:28	0.0	2:03	-0.4	6:28	4:21	
11	Sat	8:36	10.9	9:11	10.1	2:20	-0.3	2:57	-1.1	6:30	4:20	
12	Sun	9:26	11.4	10:04	10.3	3:11	-0.5	3:50	-1.6	6:31	4:19	
13	Mon	10:16	11.7	10:58	10.3	4:02	-0.6	4:42	-1.9	6:32	4:18	
14	Tue	11:07	11.8	11:51	10.1	4:53	-0.5	5:35	-1.9	6:34	4:17	
15	Wed			12:00	11.6	5:44	-0.3	6:28	-1.6	6:35	4:16	
16	Thu	12:45	9.8	12:53	11.2	6:37	0.0	7:22	-1.1	6:36	4:15	
17	Fri	1:40	9.5	1:49	10.6	7:32	0.4	8:19	-0.6	6:38	4:14	
18	Sat	2:38	9.1	2:49	10.0	8:31	0.9	9:19	0.0	6:39	4:13	
19	Sun	3:39	8.8	3:52	9.5	9:35	1.3	10:19	0.4	6:40	4:12	
20	Mon	4:40	8.7	4:54	9.0	10:40	1.5	11:17	0.8	6:41	4:11	
21	Tue	5:38	8.7	5:56	8.7	11:44	1.5			6:43	4:11	
22	Wed	6:33	8.8	6:56	8.5	12:14	1.1	12:47	1.4	6:44	4:10	
23	Thu	7:24	9.0	7:51	8.4	1:08	1.2	1:43	1.1	6:45	4:09	
24	Fri	8:10	9.2	8:40	8.4	1:56	1.3	2:33	0.9	6:46	4:09	
25	Sat	8:51	9.4	9:25	8.4	2:39	1.4	3:16	0.6	6:47	4:08	
26	Sun	9:30	9.5	10:06	8.5	3:18	1.4	3:56	0.4	6:49	4:07	
27	Mon	10:07	9.6	10:46	8.5	3:55	1.4	4:33	0.3	6:50	4:07	
28	Tue	10:43	9.6	11:24	8.4	4:31	1.4	5:09	0.2	6:51	4:06	
29	Wed	11:19	9.7			5:07	1.4	5:45	0.2	6:52	4:06	
30	Thu	12:02	8.4	11:56 AM	9.7	5:44	1.5	6:22	0.2	6:53	4:06	