

Fore River, Portland, ME - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:39	8.3	12:34	9.7	6:22	1.5	7:01	0.2	6:54	4:05	
2	Sat	1:17	8.3	1:15	9.6	7:03	1.5	7:43	0.3	6:55	4:05	
3	Sun	1:59	8.3	2:00	9.5	7:49	1.5	8:28	0.3	6:57	4:05	
4	Mon	2:46	8.4	2:50	9.4	8:39	1.4	9:16	0.3	6:58	4:04	
5	Tue	3:36	8.6	3:46	9.2	9:35	1.3	10:08	0.3	6:59	4:04	
6	Wed	4:29	9.0	4:46	9.1	10:35	1.0	11:02	0.3	7:00	4:04	
7	Thu	5:24	9.4	5:49	9.1	11:37	0.6	11:58	0.3	7:01	4:04	
8	Fri	6:20	9.9	6:53	9.1			12:41	0.1	7:02	4:04	
9	Sat	7:17	10.4	7:56	9.3	12:56	0.2	1:43	-0.5	7:02	4:04	
10	Sun	8:13	10.9	8:54	9.5	1:54	0.1	2:41	-1.0	7:03	4:04	
11	Mon	9:07	11.2	9:50	9.6	2:50	-0.1	3:36	-1.4	7:04	4:04	
12	Tue	10:00	11.4	10:45	9.7	3:43	-0.2	4:30	-1.6	7:05	4:04	
13	Wed	10:53	11.4	11:38	9.7	4:36	-0.2	5:23	-1.6	7:06	4:04	
14	Thu	11:46	11.3			5:29	-0.1	6:14	-1.4	7:07	4:04	
15	Fri	12:30	9.6	12:37	10.9	6:21	0.1	7:05	-1.0	7:07	4:05	
16	Sat	1:21	9.3	1:29	10.4	7:14	0.4	7:56	-0.6	7:08	4:05	
17	Sun	2:13	9.1	2:22	9.8	8:08	0.7	8:47	-0.1	7:09	4:05	
18	Mon	3:06	8.9	3:18	9.2	9:05	1.1	9:39	0.4	7:09	4:06	
19	Tue	3:59	8.8	4:15	8.7	10:03	1.3	10:30	0.9	7:10	4:06	
20	Wed	4:52	8.7	5:13	8.2	11:03	1.5	11:21	1.3	7:10	4:06	
21	Thu	5:44	8.7	6:12	7.9			12:03	1.5	7:11	4:07	
22	Fri	6:35	8.7	7:11	7.8	12:14	1.6	1:03	1.4	7:11	4:07	
23	Sat	7:26	8.8	8:05	7.8	1:07	1.8	1:57	1.1	7:12	4:08	
24	Sun	8:13	9.0	8:54	7.9	1:57	1.8	2:45	0.9	7:12	4:08	
25	Mon	8:57	9.2	9:39	8.0	2:43	1.7	3:28	0.6	7:13	4:09	
26	Tue	9:39	9.4	10:22	8.1	3:24	1.6	4:09	0.4	7:13	4:10	
27	Wed	10:19	9.6	11:02	8.3	4:04	1.5	4:47	0.1	7:13	4:10	
28	Thu	10:58	9.8	11:40	8.4	4:43	1.3	5:25	0.0	7:14	4:11	
29	Fri	11:37	9.9			5:22	1.1	6:02	-0.2	7:14	4:12	
30	Sat	12:18	8.6	12:16	10.0	6:03	0.9	6:40	-0.3	7:14	4:13	
31	Sun	12:56	8.7	12:57	10.0	6:45	0.8	7:20	-0.4	7:14	4:14	