

Fore River, Portland, ME - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:42	10.0	5:35	8.9	11:12	-0.1	11:31	1.2	5:33	7:43	
2	Wed	5:50	9.5	6:39	8.9			12:16	0.3	5:31	7:44	
3	Thu	6:57	9.2	7:40	9.0	12:41	1.3	1:19	0.6	5:30	7:45	
4	Fri	8:01	9.0	8:36	9.2	1:49	1.2	2:18	0.7	5:29	7:46	
5	Sat	9:00	8.9	9:25	9.4	2:50	1.0	3:10	0.8	5:27	7:47	
6	Sun	9:52	8.9	10:09	9.6	3:43	0.6	3:56	0.9	5:26	7:48	
7	Mon	10:38	8.9	10:48	9.7	4:29	0.4	4:36	1.0	5:25	7:50	
8	Tue	11:21	8.8	11:25	9.8	5:11	0.2	5:14	1.1	5:24	7:51	
9	Wed			12:01	8.8	5:49	0.1	5:50	1.3	5:22	7:52	
10	Thu	12:01	9.8	12:39	8.7	6:25	0.1	6:25	1.4	5:21	7:53	
11	Fri	12:36	9.7	1:16	8.6	7:01	0.2	7:00	1.5	5:20	7:54	
12	Sat	1:11	9.7	1:53	8.4	7:36	0.3	7:36	1.6	5:19	7:55	
13	Sun	1:47	9.5	2:30	8.3	8:13	0.4	8:14	1.7	5:18	7:56	
14	Mon	2:25	9.4	3:11	8.2	8:52	0.6	8:56	1.8	5:16	7:57	
15	Tue	3:07	9.3	3:55	8.2	9:35	0.7	9:43	1.9	5:15	7:59	
16	Wed	3:54	9.2	4:42	8.3	10:21	0.7	10:34	1.8	5:14	8:00	
17	Thu	4:45	9.1	5:31	8.5	11:10	0.7	11:30	1.6	5:13	8:01	
18	Fri	5:40	9.0	6:23	8.9			12:01	0.7	5:12	8:02	
19	Sat	6:38	9.1	7:15	9.4	12:28	1.3	12:54	0.6	5:11	8:03	
20	Sun	7:39	9.2	8:09	10.0	1:28	0.8	1:49	0.4	5:10	8:04	
21	Mon	8:40	9.4	9:02	10.6	2:28	0.1	2:43	0.2	5:10	8:05	
22	Tue	9:38	9.6	9:53	11.2	3:26	-0.6	3:37	-0.1	5:09	8:06	
23	Wed	10:34	9.9	10:45	11.6	4:20	-1.2	4:30	-0.2	5:08	8:07	
24	Thu	11:29	10.0	11:39	11.8	5:14	-1.6	5:23	-0.3	5:07	8:08	
25	Fri			12:25	10.0	6:08	-1.8	6:17	-0.3	5:06	8:09	
26	Sat	12:33	11.7	1:20	9.9	7:03	-1.7	7:11	-0.1	5:06	8:10	
27	Sun	1:28	11.5	2:15	9.8	7:57	-1.5	8:07	0.2	5:05	8:11	
28	Mon	2:24	11.1	3:12	9.6	8:53	-1.1	9:06	0.5	5:04	8:12	
29	Tue	3:22	10.6	4:12	9.4	9:50	-0.6	10:08	0.8	5:04	8:12	
30	Wed	4:23	10.0	5:11	9.3	10:48	-0.1	11:11	1.1	5:03	8:13	
31	Thu	5:25	9.5	6:08	9.2	11:45	0.4			5:02	8:14	