

Fore River, Portland, ME - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:27	9.0	7:04	9.2	12:15	1.2	12:42	0.8	5:02	8:15	
2	Sat	7:28	8.6	7:57	9.3	1:19	1.2	1:37	1.1	5:01	8:16	
3	Sun	8:27	8.4	8:47	9.4	2:19	1.1	2:30	1.4	5:01	8:17	
4	Mon	9:20	8.3	9:33	9.5	3:13	0.9	3:18	1.5	5:01	8:17	
5	Tue	10:09	8.3	10:15	9.6	4:01	0.7	4:01	1.6	5:00	8:18	
6	Wed	10:54	8.4	10:55	9.7	4:44	0.5	4:42	1.6	5:00	8:19	
7	Thu	11:36	8.4	11:34	9.7	5:25	0.4	5:21	1.6	4:59	8:19	
8	Fri			12:17	8.4	6:03	0.3	5:58	1.6	4:59	8:20	
9	Sat	12:12	9.8	12:55	8.4	6:40	0.3	6:36	1.6	4:59	8:21	
10	Sun	12:49	9.8	1:32	8.4	7:16	0.3	7:13	1.6	4:59	8:21	
11	Mon	1:26	9.8	2:09	8.4	7:52	0.3	7:52	1.6	4:59	8:22	
12	Tue	2:04	9.7	2:47	8.5	8:29	0.3	8:34	1.5	4:59	8:22	
13	Wed	2:44	9.6	3:28	8.7	9:09	0.3	9:20	1.4	4:58	8:23	
14	Thu	3:29	9.5	4:11	8.9	9:52	0.3	10:10	1.3	4:58	8:23	
15	Fri	4:18	9.4	4:58	9.2	10:38	0.3	11:03	1.1	4:58	8:24	
16	Sat	5:11	9.2	5:47	9.6	11:26	0.3			4:58	8:24	
17	Sun	6:08	9.1	6:39	10.0	12:00	0.8	12:18	0.4	4:58	8:25	
18	Mon	7:10	9.0	7:35	10.4	1:00	0.4	1:14	0.5	4:59	8:25	
19	Tue	8:14	9.1	8:33	10.8	2:03	0.0	2:13	0.4	4:59	8:25	
20	Wed	9:16	9.2	9:31	11.1	3:04	-0.5	3:12	0.3	4:59	8:25	
21	Thu	10:16	9.4	10:27	11.4	4:03	-0.9	4:09	0.1	4:59	8:26	
22	Fri	11:14	9.6	11:24	11.5	5:00	-1.2	5:05	0.0	4:59	8:26	
23	Sat			12:11	9.7	5:55	-1.4	6:02	0.0	5:00	8:26	
24	Sun	12:20	11.5	1:06	9.8	6:50	-1.4	6:57	0.0	5:00	8:26	
25	Mon	1:15	11.3	1:59	9.8	7:42	-1.2	7:52	0.2	5:00	8:26	
26	Tue	2:08	11.0	2:52	9.7	8:34	-0.9	8:48	0.4	5:01	8:26	
27	Wed	3:02	10.4	3:45	9.6	9:25	-0.5	9:45	0.7	5:01	8:26	
28	Thu	3:58	9.8	4:38	9.5	10:16	0.0	10:43	0.9	5:01	8:26	
29	Fri	4:54	9.2	5:29	9.4	11:07	0.5	11:42	1.1	5:02	8:26	
30	Sat	5:51	8.7	6:21	9.3	11:58	1.1			5:02	8:26	