

Fore River, Portland, ME - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:16	8.7	9:29	9.6	3:01	0.8	3:14	1.0	6:38	6:23	
2	Tue	9:57	9.4	10:15	9.9	3:43	0.4	4:01	0.4	6:39	6:21	
3	Wed	10:37	10.0	10:59	10.2	4:24	0.0	4:46	-0.3	6:40	6:19	
4	Thu	11:18	10.6	11:45	10.4	5:05	-0.3	5:31	-0.9	6:42	6:17	
5	Fri			12:00	11.0	5:48	-0.5	6:17	-1.2	6:43	6:15	
6	Sat	12:31	10.4	12:45	11.3	6:32	-0.6	7:05	-1.4	6:44	6:14	
7	Sun	1:20	10.2	1:32	11.3	7:19	-0.4	7:56	-1.3	6:45	6:12	
8	Mon	2:10	9.9	2:22	11.1	8:08	-0.1	8:50	-1.0	6:46	6:10	
9	Tue	3:06	9.5	3:19	10.7	9:02	0.3	9:49	-0.5	6:48	6:08	
10	Wed	4:08	9.1	4:23	10.3	10:03	0.7	10:54	-0.1	6:49	6:07	
11	Thu	5:15	8.8	5:32	9.9	11:09	1.1			6:50	6:05	
12	Fri	6:24	8.7	6:42	9.7	12:02	0.2	12:20	1.2	6:51	6:03	
13	Sat	7:31	8.8	7:51	9.6	1:11	0.4	1:32	1.1	6:52	6:01	
14	Sun	8:32	9.1	8:53	9.6	2:15	0.4	2:38	0.8	6:54	6:00	
15	Mon	9:26	9.5	9:48	9.7	3:11	0.3	3:35	0.4	6:55	5:58	
16	Tue	10:13	9.8	10:37	9.6	4:00	0.3	4:25	0.1	6:56	5:56	
17	Wed	10:55	10.0	11:22	9.5	4:43	0.3	5:10	-0.1	6:57	5:55	
18	Thu	11:34	10.0			5:23	0.5	5:51	-0.1	6:59	5:53	
19	Fri	12:03	9.4	12:11	10.0	6:00	0.7	6:30	-0.1	7:00	5:52	
20	Sat	12:43	9.1	12:46	9.9	6:36	1.0	7:07	0.1	7:01	5:50	
21	Sun	1:21	8.9	1:22	9.7	7:11	1.2	7:44	0.3	7:02	5:48	
22	Mon	1:59	8.6	1:58	9.4	7:48	1.5	8:23	0.6	7:04	5:47	
23	Tue	2:39	8.3	2:38	9.2	8:27	1.8	9:05	0.9	7:05	5:45	
24	Wed	3:23	8.0	3:23	8.9	9:10	2.0	9:52	1.2	7:06	5:44	
25	Thu	4:12	7.8	4:13	8.7	9:59	2.2	10:42	1.4	7:07	5:42	
26	Fri	5:04	7.7	5:08	8.6	10:52	2.3	11:34	1.4	7:09	5:41	
27	Sat	5:57	7.8	6:04	8.6	11:48	2.2			7:10	5:39	
28	Sun	5:50	8.1	6:01	8.7	12:27	1.3	11:46 AM	1.9	6:11	4:38	
29	Mon	6:42	8.6	6:58	9.0	12:20	1.1	12:44	1.4	6:12	4:36	
30	Tue	7:30	9.2	7:51	9.3	1:11	0.8	1:39	0.7	6:14	4:35	
31	Wed	8:15	9.9	8:42	9.7	1:59	0.4	2:29	-0.1	6:15	4:34	