

Fore River, Portland, ME - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:00	10.6	9:31	10.0	2:45	0.0	3:18	-0.8	6:16	4:32	
2	Fri	9:45	11.1	10:20	10.2	3:31	-0.3	4:07	-1.3	6:18	4:31	
3	Sat	10:32	11.5	11:11	10.2	4:18	-0.5	4:56	-1.7	6:19	4:30	
4	Sun	11:21	11.7			5:07	-0.5	5:47	-1.7	6:20	4:28	
5	Mon	12:03	10.1	12:12	11.6	5:58	-0.4	6:40	-1.6	6:22	4:27	
6	Tue	12:56	9.9	1:06	11.3	6:51	-0.1	7:36	-1.2	6:23	4:26	
7	Wed	1:54	9.6	2:05	10.8	7:48	0.3	8:35	-0.7	6:24	4:25	
8	Thu	2:56	9.3	3:10	10.3	8:50	0.7	9:39	-0.3	6:26	4:23	
9	Fri	4:01	9.1	4:17	9.8	9:58	1.0	10:43	0.1	6:27	4:22	
10	Sat	5:06	9.0	5:25	9.4	11:07	1.1	11:47	0.4	6:28	4:21	
11	Sun	6:09	9.1	6:31	9.2			12:17	1.0	6:29	4:20	
12	Mon	7:07	9.3	7:33	9.1	12:48	0.6	1:21	0.8	6:31	4:19	
13	Tue	8:00	9.6	8:28	9.0	1:44	0.7	2:18	0.5	6:32	4:18	
14	Wed	8:46	9.8	9:17	9.0	2:33	0.8	3:07	0.2	6:33	4:17	
15	Thu	9:28	9.9	10:02	8.9	3:16	0.9	3:51	0.0	6:35	4:16	
16	Fri	10:07	9.9	10:44	8.8	3:56	1.0	4:32	0.0	6:36	4:15	
17	Sat	10:45	9.8	11:23	8.7	4:34	1.2	5:10	0.0	6:37	4:14	
18	Sun	11:21	9.8			5:10	1.3	5:46	0.1	6:39	4:13	
19	Mon	12:01	8.6	11:57 AM	9.6	5:46	1.4	6:23	0.3	6:40	4:12	
20	Tue	12:38	8.4	12:34	9.5	6:22	1.6	6:59	0.5	6:41	4:12	
21	Wed	1:16	8.2	1:12	9.3	7:00	1.7	7:38	0.6	6:42	4:11	
22	Thu	1:56	8.1	1:53	9.1	7:42	1.8	8:20	0.8	6:44	4:10	
23	Fri	2:39	8.0	2:38	9.0	8:27	1.9	9:05	0.9	6:45	4:09	
24	Sat	3:26	8.1	3:28	8.8	9:17	1.9	9:52	0.9	6:46	4:09	
25	Sun	4:14	8.3	4:22	8.7	10:11	1.8	10:40	0.9	6:47	4:08	
26	Mon	5:03	8.6	5:18	8.7	11:07	1.5	11:31	0.8	6:48	4:08	
27	Tue	5:53	9.0	6:16	8.8			12:05	1.0	6:50	4:07	
28	Wed	6:45	9.6	7:15	9.0	12:24	0.7	1:04	0.4	6:51	4:07	
29	Thu	7:36	10.2	8:12	9.3	1:18	0.4	2:00	-0.3	6:52	4:06	
30	Fri	8:27	10.8	9:07	9.6	2:11	0.1	2:54	-1.0	6:53	4:06	