

Fore River, Portland, ME - Jan 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:53	11.6	11:36	10.0	4:35	-0.5	5:21	-1.8	7:14	4:14	
2	Wed	11:48	11.5			5:30	-0.6	6:13	-1.8	7:14	4:15	
3	Thu	12:29	10.1	12:41	11.2	6:24	-0.6	7:03	-1.5	7:14	4:16	
4	Fri	1:20	10.0	1:34	10.7	7:19	-0.4	7:54	-1.1	7:14	4:17	
5	Sat	2:12	9.9	2:29	10.1	8:15	-0.1	8:46	-0.5	7:14	4:18	
6	Sun	3:06	9.7	3:27	9.4	9:13	0.2	9:39	0.1	7:14	4:19	
7	Mon	4:00	9.5	4:26	8.8	10:14	0.5	10:32	0.7	7:14	4:20	
8	Tue	4:54	9.3	5:26	8.3	11:15	0.8	11:28	1.2	7:14	4:21	
9	Wed	5:50	9.1	6:28	7.9			12:18	0.9	7:13	4:22	
10	Thu	6:46	9.0	7:29	7.8	12:26	1.5	1:19	0.9	7:13	4:23	
11	Fri	7:41	9.0	8:23	7.9	1:24	1.7	2:15	0.8	7:13	4:24	
12	Sat	8:31	9.2	9:12	8.0	2:16	1.6	3:03	0.6	7:12	4:25	
13	Sun	9:16	9.3	9:56	8.2	3:02	1.5	3:46	0.4	7:12	4:27	
14	Mon	9:58	9.5	10:36	8.3	3:44	1.3	4:26	0.2	7:12	4:28	
15	Tue	10:37	9.7	11:14	8.5	4:23	1.1	5:02	0.0	7:11	4:29	
16	Wed	11:14	9.8	11:49	8.7	5:00	1.0	5:35	-0.1	7:11	4:30	
17	Thu	11:49	9.8			5:36	0.8	6:08	-0.2	7:10	4:31	
18	Fri	12:22	8.8	12:24	9.8	6:13	0.7	6:41	-0.2	7:09	4:33	
19	Sat	12:55	9.0	1:01	9.6	6:51	0.6	7:16	-0.2	7:09	4:34	
20	Sun	1:30	9.2	1:40	9.4	7:31	0.5	7:54	-0.1	7:08	4:35	
21	Mon	2:08	9.3	2:24	9.2	8:16	0.4	8:36	0.1	7:07	4:36	
22	Tue	2:51	9.4	3:14	8.9	9:06	0.4	9:23	0.3	7:07	4:38	
23	Wed	3:40	9.5	4:10	8.5	10:01	0.4	10:15	0.6	7:06	4:39	
24	Thu	4:34	9.6	5:13	8.3	11:01	0.3	11:14	0.8	7:05	4:40	
25	Fri	5:35	9.7	6:22	8.3			12:07	0.2	7:04	4:42	
26	Sat	6:42	10.0	7:32	8.4	12:18	0.8	1:17	-0.1	7:03	4:43	
27	Sun	7:48	10.3	8:37	8.8	1:26	0.6	2:22	-0.6	7:02	4:44	
28	Mon	8:51	10.7	9:35	9.3	2:30	0.2	3:21	-1.1	7:01	4:46	
29	Tue	9:48	11.1	10:30	9.7	3:29	-0.2	4:15	-1.4	7:01	4:47	
30	Wed	10:43	11.3	11:21	10.1	4:25	-0.6	5:06	-1.6	6:59	4:48	
31	Thu	11:35	11.2			5:18	-0.8	5:54	-1.6	6:58	4:50	