

Fore River, Portland, ME - Jan 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:33	8.6	4:56	7.9	10:45	1.6	10:57	1.5	7:14	4:15	
2	Sat	5:22	8.6	5:53	7.7	11:41	1.5	11:48	1.6	7:14	4:16	
3	Sun	6:14	8.8	6:52	7.7			12:39	1.2	7:14	4:16	
4	Mon	7:07	9.1	7:48	7.9	12:43	1.6	1:35	0.8	7:14	4:17	
5	Tue	7:58	9.5	8:40	8.3	1:37	1.3	2:27	0.3	7:14	4:18	
6	Wed	8:47	10.0	9:28	8.7	2:29	0.9	3:15	-0.3	7:14	4:19	
7	Thu	9:35	10.5	10:16	9.2	3:18	0.5	4:02	-0.8	7:14	4:20	
8	Fri	10:23	10.9	11:03	9.6	4:06	0.0	4:48	-1.3	7:14	4:22	
9	Sat	11:12	11.2	11:50	10.0	4:56	-0.4	5:35	-1.6	7:13	4:23	
10	Sun			12:01	11.3	5:46	-0.7	6:22	-1.7	7:13	4:24	
11	Mon	12:37	10.3	12:51	11.2	6:37	-0.9	7:10	-1.7	7:13	4:25	
12	Tue	1:27	10.4	1:44	10.8	7:30	-0.9	8:00	-1.4	7:12	4:26	
13	Wed	2:18	10.4	2:40	10.3	8:26	-0.7	8:53	-0.9	7:12	4:27	
14	Thu	3:14	10.3	3:41	9.7	9:26	-0.5	9:49	-0.4	7:11	4:28	
15	Fri	4:12	10.2	4:45	9.1	10:30	-0.2	10:49	0.1	7:11	4:30	
16	Sat	5:13	10.0	5:53	8.7	11:37	0.0	11:52	0.6	7:10	4:31	
17	Sun	6:17	9.8	7:01	8.5			12:46	0.1	7:10	4:32	
18	Mon	7:21	9.8	8:05	8.5	12:58	0.8	1:52	0.0	7:09	4:33	
19	Tue	8:20	9.8	9:02	8.6	2:01	0.9	2:50	-0.2	7:08	4:35	
20	Wed	9:13	9.9	9:52	8.8	2:57	0.8	3:41	-0.3	7:08	4:36	
21	Thu	10:01	10.0	10:38	8.9	3:46	0.6	4:26	-0.4	7:07	4:37	
22	Fri	10:44	10.0	11:19	9.0	4:31	0.6	5:07	-0.4	7:06	4:38	
23	Sat	11:25	9.9	11:57	9.0	5:12	0.5	5:45	-0.3	7:05	4:40	
24	Sun			12:02	9.8	5:51	0.5	6:19	-0.2	7:05	4:41	
25	Mon	12:32	9.1	12:39	9.6	6:28	0.5	6:52	0.0	7:04	4:42	
26	Tue	1:06	9.0	1:15	9.3	7:05	0.6	7:25	0.3	7:03	4:44	
27	Wed	1:41	9.0	1:53	8.9	7:43	0.8	8:01	0.5	7:02	4:45	
28	Thu	2:17	8.9	2:33	8.5	8:24	0.9	8:39	0.8	7:01	4:46	
29	Fri	2:57	8.8	3:19	8.2	9:09	1.1	9:21	1.1	7:00	4:48	
30	Sat	3:40	8.7	4:08	7.8	9:58	1.2	10:08	1.4	6:59	4:49	
31	Sun	4:28	8.7	5:03	7.6	10:51	1.2	11:00	1.5	6:58	4:50	