

Fore River, Portland, ME - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:49	10.1			5:34	-1.5	5:44	-0.5	5:03	8:26	
2	Tue	12:01	11.8	12:43	10.4	6:26	-1.8	6:39	-0.7	5:04	8:26	
3	Wed	12:55	11.8	1:37	10.5	7:19	-1.8	7:34	-0.7	5:04	8:26	
4	Thu	1:50	11.7	2:31	10.6	8:11	-1.7	8:30	-0.6	5:05	8:25	
5	Fri	2:46	11.3	3:27	10.6	9:05	-1.4	9:29	-0.4	5:06	8:25	
6	Sat	3:44	10.8	4:24	10.5	10:01	-1.0	10:31	-0.1	5:06	8:25	
7	Sun	4:45	10.2	5:22	10.3	10:58	-0.5	11:34	0.1	5:07	8:24	
8	Mon	5:47	9.6	6:21	10.1	11:56	0.0			5:08	8:24	
9	Tue	6:51	9.2	7:20	10.0	12:39	0.3	12:56	0.5	5:08	8:23	
10	Wed	7:54	8.9	8:18	9.9	1:43	0.4	1:56	0.8	5:09	8:23	
11	Thu	8:54	8.7	9:12	9.9	2:45	0.4	2:53	1.0	5:10	8:22	
12	Fri	9:49	8.7	10:01	9.9	3:40	0.3	3:45	1.1	5:11	8:22	
13	Sat	10:38	8.7	10:46	10.0	4:29	0.2	4:32	1.1	5:12	8:21	
14	Sun	11:23	8.8	11:29	10.0	5:13	0.1	5:15	1.1	5:13	8:21	
15	Mon			12:04	8.8	5:54	0.1	5:55	1.1	5:13	8:20	
16	Tue	12:08	10.0	12:43	8.9	6:31	0.1	6:33	1.1	5:14	8:19	
17	Wed	12:46	9.9	1:20	9.0	7:06	0.1	7:09	1.1	5:15	8:18	
18	Thu	1:22	9.8	1:55	9.0	7:39	0.2	7:46	1.1	5:16	8:18	
19	Fri	1:58	9.6	2:30	9.0	8:13	0.3	8:24	1.1	5:17	8:17	
20	Sat	2:35	9.4	3:06	9.1	8:49	0.4	9:05	1.1	5:18	8:16	
21	Sun	3:14	9.2	3:45	9.1	9:27	0.5	9:49	1.1	5:19	8:15	
22	Mon	3:57	9.0	4:27	9.2	10:08	0.6	10:36	1.1	5:20	8:14	
23	Tue	4:45	8.8	5:12	9.4	10:53	0.7	11:28	1.0	5:21	8:13	
24	Wed	5:36	8.6	6:02	9.6	11:43	0.8			5:22	8:12	
25	Thu	6:33	8.6	6:57	9.9	12:23	0.8	12:36	0.8	5:23	8:11	
26	Fri	7:34	8.7	7:56	10.2	1:23	0.5	1:35	0.7	5:24	8:10	
27	Sat	8:37	8.9	8:56	10.7	2:25	0.1	2:36	0.4	5:25	8:09	
28	Sun	9:37	9.4	9:53	11.2	3:24	-0.5	3:34	0.0	5:26	8:08	
29	Mon	10:34	9.8	10:49	11.6	4:20	-1.1	4:31	-0.5	5:27	8:07	
30	Tue	11:29	10.3	11:45	11.8	5:14	-1.5	5:27	-0.8	5:28	8:06	
31	Wed			12:24	10.6	6:07	-1.8	6:23	-1.1	5:29	8:05	