

Fore River, Portland, ME - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:40	11.8	1:16	10.9	6:59	-1.9	7:18	-1.1	5:30	8:04	
2	Fri	1:34	11.6	2:09	10.9	7:51	-1.7	8:13	-1.0	5:31	8:02	
3	Sat	2:28	11.2	3:02	10.8	8:43	-1.3	9:10	-0.7	5:32	8:01	
4	Sun	3:24	10.6	3:57	10.6	9:36	-0.8	10:09	-0.3	5:34	8:00	
5	Mon	4:23	10.0	4:54	10.3	10:31	-0.2	11:10	0.1	5:35	7:58	
6	Tue	5:24	9.4	5:51	10.0	11:28	0.4			5:36	7:57	
7	Wed	6:25	8.9	6:50	9.7	12:12	0.4	12:27	0.9	5:37	7:56	
8	Thu	7:27	8.6	7:49	9.5	1:16	0.6	1:28	1.2	5:38	7:54	
9	Fri	8:28	8.4	8:45	9.5	2:18	0.7	2:27	1.3	5:39	7:53	
10	Sat	9:23	8.5	9:37	9.6	3:15	0.7	3:21	1.3	5:40	7:52	
11	Sun	10:12	8.6	10:23	9.7	4:04	0.5	4:09	1.2	5:41	7:50	
12	Mon	10:56	8.7	11:05	9.8	4:47	0.4	4:51	1.1	5:42	7:49	
13	Tue	11:36	8.9	11:44	9.8	5:27	0.3	5:31	0.9	5:44	7:47	
14	Wed			12:14	9.0	6:02	0.2	6:08	0.8	5:45	7:46	
15	Thu	12:21	9.8	12:49	9.2	6:36	0.2	6:43	0.8	5:46	7:44	
16	Fri	12:57	9.8	1:22	9.3	7:08	0.2	7:19	0.7	5:47	7:43	
17	Sat	1:31	9.7	1:55	9.3	7:41	0.2	7:56	0.7	5:48	7:41	
18	Sun	2:07	9.5	2:29	9.4	8:15	0.3	8:35	0.6	5:49	7:40	
19	Mon	2:45	9.3	3:06	9.5	8:53	0.4	9:17	0.6	5:50	7:38	
20	Tue	3:27	9.1	3:49	9.6	9:35	0.6	10:05	0.6	5:51	7:36	
21	Wed	4:15	8.9	4:37	9.6	10:21	0.7	10:58	0.6	5:53	7:35	
22	Thu	5:08	8.7	5:31	9.8	11:13	0.8	11:55	0.5	5:54	7:33	
23	Fri	6:07	8.7	6:29	9.9			12:10	0.8	5:55	7:31	
24	Sat	7:11	8.7	7:33	10.2	12:57	0.3	1:12	0.7	5:56	7:30	
25	Sun	8:17	9.0	8:37	10.6	2:01	0.0	2:16	0.3	5:57	7:28	
26	Mon	9:19	9.5	9:38	11.0	3:04	-0.5	3:19	-0.1	5:58	7:26	
27	Tue	10:16	10.1	10:35	11.4	4:01	-1.0	4:17	-0.6	5:59	7:25	
28	Wed	11:10	10.6	11:30	11.6	4:55	-1.4	5:13	-1.1	6:00	7:23	
29	Thu			12:03	10.9	5:47	-1.6	6:07	-1.3	6:02	7:21	
30	Fri	12:24	11.6	12:53	11.1	6:38	-1.6	7:00	-1.4	6:03	7:20	
31	Sat	1:16	11.3	1:43	11.1	7:27	-1.4	7:53	-1.2	6:04	7:18	