

Fore River, Portland, ME - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:05	8.5	3:10	8.9	8:58	1.6	9:30	0.9	6:55	4:05	
2	Mon	3:53	8.4	4:02	8.6	9:50	1.8	10:18	1.1	6:56	4:05	
3	Tue	4:43	8.4	4:56	8.3	10:43	1.8	11:07	1.2	6:57	4:05	
4	Wed	5:32	8.5	5:51	8.2	11:38	1.7	11:57	1.3	6:58	4:04	
5	Thu	6:22	8.7	6:47	8.3			12:34	1.4	6:59	4:04	
6	Fri	7:11	9.1	7:40	8.5	12:48	1.2	1:28	1.0	7:00	4:04	
7	Sat	7:58	9.5	8:29	8.7	1:38	1.0	2:17	0.5	7:01	4:04	
8	Sun	8:42	10.0	9:15	9.1	2:24	0.7	3:02	-0.1	7:02	4:04	
9	Mon	9:25	10.5	10:01	9.4	3:09	0.4	3:47	-0.6	7:03	4:04	
10	Tue	10:10	10.9	10:48	9.7	3:55	0.0	4:33	-1.1	7:04	4:04	
11	Wed	10:56	11.2	11:35	9.9	4:41	-0.2	5:20	-1.4	7:04	4:04	
12	Thu	11:44	11.3			5:30	-0.4	6:08	-1.6	7:05	4:04	
13	Fri	12:24	10.0	12:34	11.3	6:20	-0.5	6:58	-1.5	7:06	4:04	
14	Sat	1:15	10.0	1:27	11.0	7:13	-0.4	7:50	-1.3	7:07	4:04	
15	Sun	2:09	10.0	2:24	10.6	8:09	-0.2	8:45	-1.0	7:08	4:05	
16	Mon	3:07	9.9	3:25	10.2	9:10	0.0	9:44	-0.7	7:08	4:05	
17	Tue	4:08	9.9	4:30	9.7	10:15	0.1	10:44	-0.3	7:09	4:05	
18	Wed	5:10	9.9	5:37	9.4	11:22	0.2	11:46	0.1	7:09	4:06	
19	Thu	6:12	9.9	6:44	9.2			12:30	0.1	7:10	4:06	
20	Fri	7:12	10.0	7:48	9.1	12:49	0.3	1:35	-0.1	7:11	4:06	
21	Sat	8:09	10.2	8:45	9.1	1:50	0.4	2:33	-0.3	7:11	4:07	
22	Sun	9:00	10.3	9:37	9.2	2:44	0.4	3:25	-0.5	7:12	4:07	
23	Mon	9:48	10.4	10:24	9.2	3:33	0.4	4:13	-0.6	7:12	4:08	
24	Tue	10:32	10.3	11:09	9.2	4:18	0.4	4:56	-0.6	7:12	4:09	
25	Wed	11:14	10.2	11:50	9.1	5:01	0.5	5:37	-0.5	7:13	4:09	
26	Thu	11:53	10.1			5:41	0.6	6:15	-0.4	7:13	4:10	
27	Fri	12:28	9.0	12:31	9.9	6:19	0.7	6:51	-0.2	7:13	4:11	
28	Sat	1:06	8.9	1:09	9.6	6:58	0.9	7:28	0.1	7:14	4:11	
29	Sun	1:44	8.8	1:49	9.3	7:38	1.1	8:06	0.3	7:14	4:12	
30	Mon	2:24	8.7	2:31	8.9	8:20	1.2	8:46	0.6	7:14	4:13	
31	Tue	3:07	8.6	3:17	8.6	9:06	1.4	9:31	0.9	7:14	4:14	