

## Fore River, Portland, ME - Jan 1997

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 3:54  | 8.5  | 4:07  | 8.3  | 9:57  | 1.5  | 10:17 | 1.0  | 7:14                                                                                | 4:15 |    |
| 2    | Thu | 4:40  | 8.6  | 5:00  | 8.1  | 10:49 | 1.5  | 11:06 | 1.2  | 7:14                                                                                | 4:16 |    |
| 3    | Fri | 5:30  | 8.7  | 5:57  | 8.1  | 11:45 | 1.3  | 11:59 | 1.2  | 7:14                                                                                | 4:17 |    |
| 4    | Sat | 6:22  | 9.0  | 6:56  | 8.2  |       |      | 12:43 | 0.9  | 7:14                                                                                | 4:17 |    |
| 5    | Sun | 7:15  | 9.4  | 7:53  | 8.5  | 12:54 | 1.0  | 1:39  | 0.4  | 7:14                                                                                | 4:18 |    |
| 6    | Mon | 8:07  | 10.0 | 8:46  | 8.9  | 1:48  | 0.7  | 2:32  | -0.2 | 7:14                                                                                | 4:19 |    |
| 7    | Tue | 8:58  | 10.5 | 9:37  | 9.3  | 2:40  | 0.3  | 3:23  | -0.8 | 7:14                                                                                | 4:21 |    |
| 8    | Wed | 9:48  | 11.0 | 10:27 | 9.8  | 3:31  | -0.2 | 4:13  | -1.4 | 7:13                                                                                | 4:22 |    |
| 9    | Thu | 10:38 | 11.4 | 11:18 | 10.1 | 4:22  | -0.6 | 5:02  | -1.8 | 7:13                                                                                | 4:23 |    |
| 10   | Fri | 11:30 | 11.6 |       |      | 5:14  | -0.9 | 5:52  | -2.0 | 7:13                                                                                | 4:24 |    |
| 11   | Sat | 12:08 | 10.4 | 12:21 | 11.6 | 6:06  | -1.1 | 6:42  | -2.0 | 7:13                                                                                | 4:25 |    |
| 12   | Sun | 12:59 | 10.5 | 1:14  | 11.3 | 6:59  | -1.1 | 7:34  | -1.8 | 7:12                                                                                | 4:26 |   |
| 13   | Mon | 1:52  | 10.5 | 2:10  | 10.9 | 7:55  | -0.9 | 8:27  | -1.4 | 7:12                                                                                | 4:27 |  |
| 14   | Tue | 2:48  | 10.4 | 3:10  | 10.3 | 8:55  | -0.6 | 9:24  | -0.9 | 7:11                                                                                | 4:28 |  |
| 15   | Wed | 3:47  | 10.2 | 4:13  | 9.7  | 9:58  | -0.3 | 10:23 | -0.3 | 7:11                                                                                | 4:30 |  |
| 16   | Thu | 4:47  | 10.0 | 5:18  | 9.2  | 11:03 | 0.0  | 11:24 | 0.2  | 7:10                                                                                | 4:31 |  |
| 17   | Fri | 5:49  | 9.8  | 6:25  | 8.8  |       |      | 12:11 | 0.1  | 7:10                                                                                | 4:32 |  |
| 18   | Sat | 6:51  | 9.7  | 7:30  | 8.7  | 12:28 | 0.6  | 1:17  | 0.1  | 7:09                                                                                | 4:33 |  |
| 19   | Sun | 7:50  | 9.7  | 8:29  | 8.7  | 1:31  | 0.7  | 2:18  | 0.0  | 7:08                                                                                | 4:35 |  |
| 20   | Mon | 8:44  | 9.8  | 9:21  | 8.7  | 2:27  | 0.7  | 3:10  | -0.2 | 7:08                                                                                | 4:36 |  |
| 21   | Tue | 9:32  | 9.9  | 10:07 | 8.8  | 3:17  | 0.7  | 3:57  | -0.3 | 7:07                                                                                | 4:37 |  |
| 22   | Wed | 10:16 | 9.9  | 10:50 | 8.9  | 4:02  | 0.6  | 4:39  | -0.3 | 7:06                                                                                | 4:38 |  |
| 23   | Thu | 10:56 | 9.9  | 11:29 | 9.0  | 4:43  | 0.6  | 5:17  | -0.3 | 7:05                                                                                | 4:40 |  |
| 24   | Fri | 11:34 | 9.9  |       |      | 5:22  | 0.6  | 5:53  | -0.3 | 7:05                                                                                | 4:41 |  |
| 25   | Sat | 12:05 | 9.0  | 12:10 | 9.7  | 5:58  | 0.6  | 6:26  | -0.1 | 7:04                                                                                | 4:42 |  |
| 26   | Sun | 12:39 | 9.0  | 12:45 | 9.5  | 6:33  | 0.6  | 6:59  | 0.0  | 7:03                                                                                | 4:44 |  |
| 27   | Mon | 1:13  | 9.0  | 1:21  | 9.3  | 7:10  | 0.7  | 7:33  | 0.2  | 7:02                                                                                | 4:45 |  |
| 28   | Tue | 1:48  | 8.9  | 1:58  | 9.0  | 7:48  | 0.8  | 8:09  | 0.4  | 7:01                                                                                | 4:46 |  |
| 29   | Wed | 2:25  | 8.9  | 2:39  | 8.7  | 8:30  | 0.9  | 8:49  | 0.6  | 7:00                                                                                | 4:48 |  |
| 30   | Thu | 3:06  | 8.8  | 3:25  | 8.4  | 9:15  | 1.0  | 9:33  | 0.8  | 6:59                                                                                | 4:49 |  |
| 31   | Fri | 3:51  | 8.8  | 4:16  | 8.2  | 10:06 | 1.0  | 10:21 | 1.0  | 6:58                                                                                | 4:51 |  |