

Fore River, Portland, ME - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:10	9.2	9:29	10.5	2:59	-0.1	3:09	0.4	5:03	8:26	
2	Wed	10:07	9.3	10:21	10.6	3:55	-0.3	4:03	0.5	5:04	8:26	
3	Thu	11:00	9.3	11:09	10.6	4:47	-0.5	4:53	0.5	5:04	8:26	
4	Fri	11:48	9.3	11:55	10.5	5:36	-0.5	5:40	0.6	5:05	8:25	
5	Sat			12:34	9.3	6:21	-0.5	6:25	0.7	5:05	8:25	
6	Sun	12:39	10.4	1:16	9.2	7:02	-0.3	7:07	0.8	5:06	8:25	
7	Mon	1:20	10.2	1:57	9.1	7:42	-0.2	7:48	1.0	5:07	8:24	
8	Tue	2:00	9.9	2:36	9.1	8:20	0.1	8:30	1.2	5:08	8:24	
9	Wed	2:40	9.6	3:17	9.0	8:59	0.3	9:12	1.3	5:08	8:24	
10	Thu	3:23	9.3	3:59	8.9	9:38	0.6	9:58	1.5	5:09	8:23	
11	Fri	4:08	8.9	4:42	8.9	10:20	0.8	10:45	1.5	5:10	8:23	
12	Sat	4:55	8.6	5:27	8.9	11:03	1.1	11:35	1.6	5:11	8:22	
13	Sun	5:45	8.4	6:13	9.0	11:49	1.3			5:11	8:21	
14	Mon	6:38	8.2	7:02	9.1	12:27	1.5	12:38	1.4	5:12	8:21	
15	Tue	7:34	8.2	7:54	9.4	1:22	1.3	1:30	1.4	5:13	8:20	
16	Wed	8:30	8.3	8:45	9.8	2:18	1.0	2:24	1.2	5:14	8:19	
17	Thu	9:24	8.6	9:35	10.2	3:11	0.5	3:16	0.9	5:15	8:19	
18	Fri	10:14	9.0	10:25	10.7	4:01	-0.1	4:07	0.5	5:16	8:18	
19	Sat	11:04	9.4	11:14	11.1	4:50	-0.6	4:57	0.1	5:17	8:17	
20	Sun	11:54	9.8			5:39	-1.1	5:49	-0.3	5:18	8:16	
21	Mon	12:05	11.4	12:44	10.2	6:28	-1.4	6:41	-0.6	5:19	8:15	
22	Tue	12:56	11.5	1:34	10.5	7:17	-1.6	7:33	-0.7	5:20	8:14	
23	Wed	1:48	11.4	2:25	10.6	8:07	-1.6	8:28	-0.7	5:21	8:14	
24	Thu	2:42	11.1	3:19	10.7	8:59	-1.4	9:25	-0.6	5:22	8:13	
25	Fri	3:39	10.7	4:15	10.6	9:53	-1.0	10:25	-0.4	5:23	8:12	
26	Sat	4:40	10.2	5:14	10.5	10:50	-0.5	11:28	-0.1	5:24	8:11	
27	Sun	5:43	9.7	6:13	10.3	11:48	0.0			5:25	8:10	
28	Mon	6:47	9.3	7:15	10.2	12:33	0.1	12:50	0.4	5:26	8:08	
29	Tue	7:53	9.0	8:16	10.1	1:40	0.2	1:53	0.7	5:27	8:07	
30	Wed	8:56	8.9	9:14	10.1	2:44	0.1	2:54	0.8	5:28	8:06	
31	Thu	9:52	8.9	10:06	10.2	3:41	0.0	3:49	0.8	5:29	8:05	