US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:13	9.9	1:53	8.8	7:36	0.0	7:39	1.2	5:03	8:26	
2	Fri	1:51	9.9	2:31	8.9	8:13	0.0	8:21	1.1	5:03	8:26	
3	Sat	2:31	9.9	3:11	9.0	8:53	0.0	9:06	1.1	5:04	8:26	
4	Sun	3:15	9.8	3:55	9.2	9:36	0.0	9:55	1.0	5:05	8:25	
5	Mon	4:03	9.7	4:43	9.4	10:23	0.0	10:48	0.8	5:05	8:25	
6	Tue	4:57	9.5	5:33	9.7	11:13	0.1	11:45	0.6	5:06	8:25	
7	Wed	5:54	9.4	6:28	10.0			12:06	0.1	5:07	8:25	
8	Thu	6:56	9.3	7:25	10.4	12:45	0.3	1:03	0.1	5:07	8:24	
9	Fri	8:00	9.3	8:25	10.8	1:48	-0.1	2:03	0.1	5:08	8:24	
10	Sat	9:04	9.5	9:23	11.1	2:51	-0.5	3:03	0.0	5:09	8:23	
11	Sun	10:04	9.7	10:20	11.4	3:51	-1.0	4:01	-0.2	5:09	8:23	
12	Mon	11:02	9.9	11:15	11.6	4:48	-1.3	4:57	-0.3	5:10	8:22	
13	Tue	11:58	10.1			5:43	-1.6	5:52	-0.4	5:11	8:22	
14	Wed	12:10	11.6	12:52	10.1	6:36	-1.6	6:46	-0.3	5:12	8:21	
15	Thu	1:03	11.4	1:44	10.1	7:27	-1.4	7:40	-0.2	5:13	8:20	
16	Fri	1:55	11.1	2:35	10.0	8:18	-1.1	8:33	0.1	5:14	8:20	
17	Sat	2:47	10.6	3:27	9.8	9:08	-0.7	9:27	0.4	5:15	8:19	
18	Sun	3:40	10.0	4:19	9.6	9:58	-0.2	10:23	0.8	5:15	8:18	
19	Mon	4:35	9.4	5:10	9.4	10:49	0.3	11:20	1.0	5:16	8:17	
20	Tue	5:30	8.9	6:02	9.2	11:40	0.8			5:17	8:17	
21	Wed	6:27	8.5	6:54	9.1	12:17	1.2	12:31	1.2	5:18	8:16	
22	Thu	7:24	8.2	7:47	9.1	1:16	1.3	1:25	1.5	5:19	8:15	
23	Fri	8:22	8.1	8:38	9.2	2:14	1.3	2:19	1.7	5:20	8:14	
24	Sat	9:15	8.1	9:26	9.4	3:08	1.1	3:09	1.6	5:21	8:13	
25	Sun	10:04	8.3	10:10	9.5	3:55	0.8	3:54	1.5	5:22	8:12	
26	Mon	10:48	8.4	10:52	9.7	4:38	0.6	4:36	1.4	5:23	8:11	
27	Tue	11:30	8.6	11:32	9.9	5:18	0.4	5:16	1.2	5:24	8:10	
28	Wed			12:10	8.8	5:55	0.1	5:56	1.0	5:25	8:09	
29	Thu	12:11	10.1	12:48	9.0	6:32	-0.1	6:35	0.8	5:26	8:08	
30	Fri	12:50	10.2	1:25	9.2	7:09	-0.2	7:16	0.7	5:27	8:07	
31	Sat	1:28	10.2	2:02	9.4	7:46	-0.3	7:58	0.5	5:28	8:06	