

































## Fore River, Portland, ME - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:09	10.2	2:42	9.6	8:27	-0.4	8:43	0.4	5:30	8:04	
2	Mon	2:54	10.1	3:26	9.8	9:10	-0.3	9:33	0.3	5:31	8:03	
3	Tue	3:43	9.9	4:15	10.0	9:57	-0.2	10:27	0.2	5:32	8:02	
4	Wed	4:37	9.6	5:08	10.1	10:48	0.0	11:25	0.2	5:33	8:01	
5	Thu	5:36	9.3	6:04	10.2	11:43	0.2			5:34	7:59	
6	Fri	6:39	9.1	7:05	10.3	12:26	0.1	12:42	0.3	5:35	7:58	
7	Sat	7:46	9.1	8:09	10.5	1:32	-0.1	1:46	0.4	5:36	7:57	
8	Sun	8:52	9.2	9:11	10.8	2:38	-0.3	2:49	0.3	5:37	7:55	
9	Mon	9:53	9.5	10:09	11.0	3:39	-0.7	3:50	0.1	5:38	7:54	
10	Tue	10:50	9.7	11:04	11.2	4:36	-1.0	4:46	-0.1	5:39	7:53	
11	Wed	11:44	9.9	11:57	11.2	5:29	-1.2	5:40	-0.3	5:41	7:51	
12	Thu			12:34	10.0	6:19	-1.2	6:31	-0.3	5:42	7:50	
13	Fri	12:48	11.0	1:22	10.1	7:07	-1.0	7:21	-0.2	5:43	7:48	
14	Sat	1:36	10.7	2:07	10.0	7:52	-0.7	8:09	0.0	5:44	7:47	
15	Sun	2:23	10.3	2:53	9.8	8:37	-0.3	8:57	0.3	5:45	7:45	
16	Mon	3:10	9.7	3:39	9.5	9:21	0.2	9:47	0.7	5:46	7:44	
17	Tue	4:00	9.2	4:26	9.3	10:07	0.7	10:39	1.0	5:47	7:42	
18	Wed	4:52	8.7	5:15	9.1	10:55	1.2	11:33	1.3	5:48	7:41	
19	Thu	5:46	8.3	6:06	8.9	11:45	1.6			5:49	7:39	
20	Fri	6:42	8.0	7:00	8.8	12:29	1.4	12:37	1.8	5:51	7:38	
21	Sat	7:40	7.9	7:55	8.9	1:28	1.5	1:34	1.9	5:52	7:36	
22	Sun	8:37	8.0	8:48	9.1	2:25	1.3	2:29	1.8	5:53	7:34	
23	Mon	9:28	8.2	9:36	9.4	3:17	1.1	3:19	1.6	5:54	7:33	
24	Tue	10:13	8.5	10:20	9.7	4:02	0.7	4:04	1.3	5:55	7:31	
25	Wed	10:55	8.8	11:02	10.0	4:42	0.4	4:46	0.9	5:56	7:29	
26	Thu	11:35	9.1	11:43	10.3	5:21	0.0	5:27	0.6	5:57	7:28	
27	Fri			12:14	9.5	5:59	-0.3	6:09	0.2	5:58	7:26	
28	Sat	12:23	10.4	12:52	9.8	6:38	-0.5	6:51	-0.1	6:00	7:24	
29	Sun	1:05	10.5	1:32	10.1	7:18	-0.6	7:35	-0.3	6:01	7:23	
30	Mon	1:48	10.5	2:13	10.3	7:59	-0.6	8:22	-0.4	6:02	7:21	
31	Tue	2:35	10.3	2:59	10.4	8:44	-0.5	9:13	-0.4	6:03	7:19	