US HARBORS www.USHarbors.com

Fore River, Portland, ME - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**2:09**	10.2	**2:42**	9.6	**8:27**	-0.4	**8:43**	0.4	5:30	8:04	
2	Mon	**2:54**	10.1	**3:26**	9.8	**9:10**	-0.3	**9:33**	0.3	5:31	8:03	
3	Tue	**3:43**	9.9	**4:15**	10.0	**9:57**	-0.2	**10:27**	0.2	5:32	8:02	
4	Wed	**4:37**	9.6	**5:08**	10.1	**10:48**	0.0	**11:25**	0.2	5:33	8:01	
5	Thu	**5:36**	9.3	**6:04**	10.2	**11:43**	0.2			5:34	7:59	
6	Fri	**6:39**	9.1	**7:05**	10.3	**12:26**	0.1	**12:42**	0.3	5:35	7:58	
7	Sat	**7:46**	9.1	**8:09**	10.5	**1:32**	-0.1	**1:46**	0.4	5:36	7:57	
8	Sun	**8:52**	9.2	**9:11**	10.8	**2:38**	-0.3	**2:49**	0.3	5:37	7:55	
9	Mon	**9:53**	9.5	**10:09**	11.0	**3:39**	-0.7	**3:50**	0.1	5:38	7:54	
10	Tue	**10:50**	9.7	**11:04**	11.2	**4:36**	-1.0	**4:46**	-0.1	5:39	7:53	
11	Wed	**11:44**	9.9	**11:57**	11.2	**5:29**	-1.2	**5:40**	-0.3	5:41	7:51	
12	Thu			**12:34**	10.0	**6:19**	-1.2	**6:31**	-0.3	5:42	7:50	
13	Fri	**12:48**	11.0	**1:22**	10.1	**7:07**	-1.0	**7:21**	-0.2	5:43	7:48	
14	Sat	**1:36**	10.7	**2:07**	10.0	**7:52**	-0.7	**8:09**	0.0	5:44	7:47	
15	Sun	**2:23**	10.3	**2:53**	9.8	**8:37**	-0.3	**8:57**	0.3	5:45	7:45	
16	Mon	**3:10**	9.7	**3:39**	9.5	**9:21**	0.2	**9:47**	0.7	5:46	7:44	
17	Tue	**4:00**	9.2	**4:26**	9.3	**10:07**	0.7	**10:39**	1.0	5:47	7:42	
18	Wed	**4:52**	8.7	**5:15**	9.1	**10:55**	1.2	**11:33**	1.3	5:48	7:41	
19	Thu	**5:46**	8.3	**6:06**	8.9	**11:45**	1.6			5:49	7:39	
20	Fri	**6:42**	8.0	**7:00**	8.8	**12:29**	1.4	**12:37**	1.8	5:51	7:38	
21	Sat	**7:40**	7.9	**7:55**	8.9	**1:28**	1.5	**1:34**	1.9	5:52	7:36	
22	Sun	**8:37**	8.0	**8:48**	9.1	**2:25**	1.3	**2:29**	1.8	5:53	7:34	
23	Mon	**9:28**	8.2	**9:36**	9.4	**3:17**	1.1	**3:19**	1.6	5:54	7:33	
24	Tue	**10:13**	8.5	**10:20**	9.7	**4:02**	0.7	**4:04**	1.3	5:55	7:31	
25	Wed	**10:55**	8.8	**11:02**	10.0	**4:42**	0.4	**4:46**	0.9	5:56	7:29	
26	Thu	**11:35**	9.1	**11:43**	10.3	**5:21**	0.0	**5:27**	0.6	5:57	7:28	
27	Fri			**12:14**	9.5	**5:59**	-0.3	**6:09**	0.2	5:58	7:26	
28	Sat	**12:23**	10.4	**12:52**	9.8	**6:38**	-0.5	**6:51**	-0.1	6:00	7:24	
29	Sun	**1:05**	10.5	**1:32**	10.1	**7:18**	-0.6	**7:35**	-0.3	6:01	7:23	
30	Mon	**1:48**	10.5	**2:13**	10.3	**7:59**	-0.6	**8:22**	-0.4	6:02	7:21	
31	Tue	**2:35**	10.3	**2:59**	10.4	**8:44**	-0.5	**9:13**	-0.4	6:03	7:19	