
































Fore River, Portland, ME - Nov 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:10	9.2	5:28	9.8	11:09	0.9	11:53	0.1	6:16	4:32	
2	Tue	6:15	9.3	6:36	9.6			12:19	0.9	6:17	4:31	
3	Wed	7:17	9.4	7:39	9.6	12:58	0.2	1:25	0.7	6:19	4:30	
4	Thu	8:12	9.7	8:35	9.6	1:56	0.2	2:23	0.3	6:20	4:28	
5	Fri	9:00	9.9	9:24	9.6	2:46	0.2	3:14	0.1	6:21	4:27	
6	Sat	9:44	10.0	10:10	9.6	3:31	0.2	3:59	-0.1	6:23	4:26	
7	Sun	10:24	10.1	10:52	9.5	4:12	0.3	4:40	-0.2	6:24	4:25	
8	Mon	11:01	10.1	11:32	9.3	4:50	0.5	5:19	-0.2	6:25	4:24	
9	Tue	11:37	10.0			5:26	0.7	5:56	0.0	6:27	4:22	
10	Wed	12:10	9.1	12:12	9.8	6:01	1.0	6:32	0.1	6:28	4:21	
11	Thu	12:47	8.8	12:47	9.6	6:37	1.2	7:09	0.3	6:29	4:20	
12	Fri	1:26	8.6	1:25	9.4	7:15	1.5	7:48	0.6	6:31	4:19	
13	Sat	2:07	8.4	2:06	9.1	7:56	1.7	8:31	0.8	6:32	4:18	
14	Sun	2:52	8.2	2:53	8.9	8:41	1.9	9:18	1.0	6:33	4:17	
15	Mon	3:41	8.1	3:44	8.8	9:32	2.0	10:08	1.1	6:34	4:16	
16	Tue	4:32	8.1	4:38	8.7	10:25	1.9	10:59	1.0	6:36	4:15	
17	Wed	5:24	8.4	5:35	8.8	11:22	1.7	11:53	0.9	6:37	4:14	
18	Thu	6:16	8.8	6:34	9.0			12:20	1.3	6:38	4:13	
19	Fri	7:08	9.3	7:31	9.4	12:47	0.6	1:18	0.6	6:40	4:13	
20	Sat	7:58	10.0	8:24	9.8	1:39	0.2	2:12	-0.1	6:41	4:12	
21	Sun	8:46	10.7	9:16	10.1	2:29	-0.3	3:03	-0.9	6:42	4:11	
22	Mon	9:33	11.3	10:07	10.4	3:18	-0.6	3:54	-1.5	6:43	4:10	
23	Tue	10:22	11.7	10:59	10.6	4:07	-0.9	4:45	-1.9	6:45	4:10	
24	Wed	11:12	11.9	11:52	10.6	4:58	-1.0	5:36	-2.1	6:46	4:09	
25	Thu			12:04	11.8	5:49	-0.9	6:29	-2.0	6:47	4:08	
26	Fri	12:46	10.4	12:58	11.6	6:42	-0.6	7:23	-1.7	6:48	4:08	
27	Sat	1:42	10.1	1:55	11.1	7:38	-0.3	8:21	-1.2	6:49	4:07	
28	Sun	2:42	9.8	2:56	10.5	8:39	0.2	9:22	-0.7	6:51	4:07	
29	Mon	3:45	9.5	4:02	10.0	9:44	0.5	10:25	-0.3	6:52	4:06	
30	Tue	4:49	9.4	5:08	9.5	10:52	0.8	11:28	0.1	6:53	4:06	