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# Fore River, Portland, ME - Jan 2000

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | **7:13** | 9.2 | **7:45** | 8.4 | **12:53** | 0.9 | **1:37** | 0.7 | 7:14 | 4:14 | |
| 2 | Sun | **8:04** | 9.4 | **8:38** | 8.4 | **1:47** | 1.1 | **2:30** | 0.5 | 7:14 | 4:15 | |
| 3 | Mon | **8:49** | 9.5 | **9:25** | 8.5 | **2:36** | 1.1 | **3:16** | 0.3 | 7:14 | 4:16 | |
| 4 | Tue | **9:32** | 9.6 | **10:08** | 8.5 | **3:19** | 1.1 | **3:58** | 0.1 | 7:14 | 4:17 | |
| 5 | Wed | **10:11** | 9.7 | **10:48** | 8.6 | **3:59** | 1.1 | **4:37** | 0.0 | 7:14 | 4:18 | |
| 6 | Thu | **10:49** | 9.8 | **11:26** | 8.6 | **4:36** | 1.0 | **5:13** | -0.1 | 7:14 | 4:19 | |
| 7 | Fri | **11:26** | 9.8 | | | **5:12** | 1.0 | **5:48** | -0.1 | 7:14 | 4:20 | |
| 8 | Sat | **12:02** | 8.7 | **12:01** | 9.8 | **5:48** | 0.9 | **6:22** | -0.1 | 7:14 | 4:21 | |
| 9 | Sun | **12:37** | 8.7 | **12:36** | 9.7 | **6:24** | 0.9 | **6:56** | -0.1 | 7:13 | 4:22 | |
| 10 | Mon | **1:12** | 8.7 | **1:13** | 9.6 | **7:02** | 0.9 | **7:33** | 0.0 | 7:13 | 4:23 | |
| 11 | Tue | **1:49** | 8.7 | **1:53** | 9.5 | **7:43** | 0.9 | **8:13** | 0.0 | 7:13 | 4:24 | |
| 12 | Wed | **2:29** | 8.8 | **2:37** | 9.3 | **8:29** | 0.9 | **8:56** | 0.1 | 7:12 | 4:25 | |
| 13 | Thu | **3:13** | 8.9 | **3:28** | 9.1 | **9:19** | 0.8 | **9:44** | 0.2 | 7:12 | 4:26 | |
| 14 | Fri | **4:02** | 9.1 | **4:23** | 8.9 | **10:13** | 0.7 | **10:35** | 0.3 | 7:12 | 4:28 | |
| 15 | Sat | **4:55** | 9.4 | **5:23** | 8.8 | **11:12** | 0.5 | **11:31** | 0.4 | 7:11 | 4:29 | |
| 16 | Sun | **5:52** | 9.7 | **6:29** | 8.8 | | | **12:16** | 0.2 | 7:11 | 4:30 | |
| 17 | Mon | **6:53** | 10.1 | **7:35** | 9.0 | **12:32** | 0.3 | **1:21** | -0.3 | 7:10 | 4:31 | |
| 18 | Tue | **7:54** | 10.5 | **8:37** | 9.3 | **1:34** | 0.1 | **2:23** | -0.9 | 7:10 | 4:32 | |
| 19 | Wed | **8:52** | 11.0 | **9:35** | 9.6 | **2:34** | -0.2 | **3:20** | -1.4 | 7:09 | 4:34 | |
| 20 | Thu | **9:49** | 11.4 | **10:31** | 9.9 | **3:31** | -0.5 | **4:16** | -1.8 | 7:08 | 4:35 | |
| 21 | Fri | **10:44** | 11.6 | **11:25** | 10.1 | **4:26** | -0.8 | **5:09** | -2.0 | 7:08 | 4:36 | |
| 22 | Sat | **11:37** | 11.5 | | | **5:20** | -0.9 | **6:01** | -1.9 | 7:07 | 4:38 | |
| 23 | Sun | **12:17** | 10.2 | **12:30** | 11.3 | **6:13** | -0.8 | **6:51** | -1.7 | 7:06 | 4:39 | |
| 24 | Mon | **1:07** | 10.1 | **1:22** | 10.9 | **7:06** | -0.6 | **7:41** | -1.3 | 7:05 | 4:40 | |
| 25 | Tue | **1:58** | 9.9 | **2:15** | 10.2 | **8:00** | -0.3 | **8:32** | -0.7 | 7:04 | 4:41 | |
| 26 | Wed | **2:50** | 9.7 | **3:10** | 9.6 | **8:56** | 0.1 | **9:24** | -0.1 | 7:04 | 4:43 | |
| 27 | Thu | **3:44** | 9.4 | **4:08** | 8.9 | **9:54** | 0.5 | **10:17** | 0.5 | 7:03 | 4:44 | |
| 28 | Fri | **4:38** | 9.1 | **5:07** | 8.4 | **10:54** | 0.8 | **11:12** | 1.0 | 7:02 | 4:45 | |
| 29 | Sat | **5:33** | 8.9 | **6:08** | 8.0 | **11:56** | 1.0 | | | 7:01 | 4:47 | |
| 30 | Sun | **6:30** | 8.8 | **7:09** | 7.9 | **12:09** | 1.4 | **12:59** | 1.0 | 7:00 | 4:48 | |
| 31 | Mon | **7:25** | 8.9 | **8:06** | 7.9 | **1:08** | 1.6 | **1:56** | 0.9 | 6:59 | 4:50 | |