US HARBORS www.USHarbors.com

Fore River, Portland, ME - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**7:38**	8.6	**8:20**	7.9	**1:22**	1.9	**2:09**	1.0	6:16	5:30	
2	Thu	**8:29**	8.9	**9:07**	8.2	**2:15**	1.6	**2:56**	0.7	6:14	5:31	
3	Fri	**9:15**	9.3	**9:48**	8.6	**3:01**	1.3	**3:37**	0.4	6:13	5:32	
4	Sat	**9:56**	9.6	**10:27**	8.9	**3:42**	0.9	**4:14**	0.0	6:11	5:34	
5	Sun	**10:35**	9.8	**11:03**	9.3	**4:20**	0.5	**4:49**	-0.2	6:09	5:35	
6	Mon	**11:13**	10.0	**11:38**	9.6	**4:58**	0.1	**5:24**	-0.4	6:08	5:36	
7	Tue	**11:50**	10.1			**5:37**	-0.2	**6:00**	-0.6	6:06	5:37	
8	Wed	**12:12**	9.9	**12:29**	10.1	**6:17**	-0.4	**6:37**	-0.6	6:04	5:39	
9	Thu	**12:49**	10.1	**1:10**	10.0	**6:59**	-0.6	**7:18**	-0.5	6:02	5:40	
10	Fri	**1:29**	10.2	**1:56**	9.7	**7:44**	-0.6	**8:02**	-0.2	6:01	5:41	
11	Sat	**2:14**	10.2	**2:47**	9.4	**8:34**	-0.5	**8:52**	0.1	5:59	5:42	
12	Sun	**3:06**	10.0	**3:45**	9.0	**9:30**	-0.3	**9:47**	0.4	5:57	5:44	
13	Mon	**4:04**	9.9	**4:50**	8.7	**10:32**	-0.1	**10:49**	0.7	5:55	5:45	
14	Tue	**5:09**	9.7	**6:00**	8.6	**11:39**	0.0	**11:57**	0.8	5:53	5:46	
15	Wed	**6:19**	9.7	**7:11**	8.7			**12:50**	0.0	5:52	5:47	
16	Thu	**7:30**	9.9	**8:15**	9.1	**1:08**	0.7	**1:58**	-0.3	5:50	5:48	
17	Fri	**8:33**	10.2	**9:12**	9.6	**2:15**	0.3	**2:56**	-0.7	5:48	5:50	
18	Sat	**9:30**	10.5	**10:04**	10.0	**3:13**	-0.2	**3:49**	-0.9	5:46	5:51	
19	Sun	**10:22**	10.7	**10:51**	10.2	**4:06**	-0.6	**4:37**	-1.0	5:45	5:52	
20	Mon	**11:11**	10.7	**11:35**	10.4	**4:56**	-0.8	**5:22**	-1.0	5:43	5:53	
21	Tue	**11:57**	10.4			**5:43**	-0.9	**6:04**	-0.7	5:41	5:54	
22	Wed	**12:17**	10.3	**12:41**	10.1	**6:27**	-0.8	**6:45**	-0.3	5:39	5:56	
23	Thu	**12:57**	10.2	**1:24**	9.6	**7:10**	-0.5	**7:26**	0.2	5:37	5:57	
24	Fri	**1:38**	9.8	**2:09**	9.1	**7:54**	-0.1	**8:07**	0.7	5:35	5:58	
25	Sat	**2:20**	9.5	**2:57**	8.6	**8:40**	0.3	**8:52**	1.2	5:34	5:59	
26	Sun	**3:06**	9.1	**3:48**	8.1	**9:29**	0.8	**9:41**	1.7	5:32	6:01	
27	Mon	**3:57**	8.7	**4:43**	7.8	**10:22**	1.1	**10:34**	2.0	5:30	6:02	
28	Tue	**4:52**	8.5	**5:42**	7.7	**11:20**	1.4	**11:33**	2.2	5:28	6:03	
29	Wed	**5:51**	8.4	**6:42**	7.7			**12:21**	1.4	5:26	6:04	
30	Thu	**6:52**	8.5	**7:37**	8.0	**12:34**	2.1	**1:19**	1.3	5:25	6:05	
31	Fri	**7:47**	8.7	**8:26**	8.4	**1:33**	1.8	**2:10**	1.0	5:23	6:06	