

































## Fore River, Portland, ME - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:38	8.6	8:20	7.9	1:22	1.9	2:09	1.0	6:16	5:30	
2	Thu	8:29	8.9	9:07	8.2	2:15	1.6	2:56	0.7	6:14	5:31	
3	Fri	9:15	9.3	9:48	8.6	3:01	1.3	3:37	0.4	6:13	5:32	
4	Sat	9:56	9.6	10:27	8.9	3:42	0.9	4:14	0.0	6:11	5:34	
5	Sun	10:35	9.8	11:03	9.3	4:20	0.5	4:49	-0.2	6:09	5:35	
6	Mon	11:13	10.0	11:38	9.6	4:58	0.1	5:24	-0.4	6:08	5:36	
7	Tue	11:50	10.1			5:37	-0.2	6:00	-0.6	6:06	5:37	
8	Wed	12:12	9.9	12:29	10.1	6:17	-0.4	6:37	-0.6	6:04	5:39	
9	Thu	12:49	10.1	1:10	10.0	6:59	-0.6	7:18	-0.5	6:02	5:40	
10	Fri	1:29	10.2	1:56	9.7	7:44	-0.6	8:02	-0.2	6:01	5:41	
11	Sat	2:14	10.2	2:47	9.4	8:34	-0.5	8:52	0.1	5:59	5:42	
12	Sun	3:06	10.0	3:45	9.0	9:30	-0.3	9:47	0.4	5:57	5:44	
13	Mon	4:04	9.9	4:50	8.7	10:32	-0.1	10:49	0.7	5:55	5:45	
14	Tue	5:09	9.7	6:00	8.6	11:39	0.0	11:57	0.8	5:53	5:46	
15	Wed	6:19	9.7	7:11	8.7			12:50	0.0	5:52	5:47	
16	Thu	7:30	9.9	8:15	9.1	1:08	0.7	1:58	-0.3	5:50	5:48	
17	Fri	8:33	10.2	9:12	9.6	2:15	0.3	2:56	-0.7	5:48	5:50	
18	Sat	9:30	10.5	10:04	10.0	3:13	-0.2	3:49	-0.9	5:46	5:51	
19	Sun	10:22	10.7	10:51	10.2	4:06	-0.6	4:37	-1.0	5:45	5:52	
20	Mon	11:11	10.7	11:35	10.4	4:56	-0.8	5:22	-1.0	5:43	5:53	
21	Tue	11:57	10.4			5:43	-0.9	6:04	-0.7	5:41	5:54	
22	Wed	12:17	10.3	12:41	10.1	6:27	-0.8	6:45	-0.3	5:39	5:56	
23	Thu	12:57	10.2	1:24	9.6	7:10	-0.5	7:26	0.2	5:37	5:57	
24	Fri	1:38	9.8	2:09	9.1	7:54	-0.1	8:07	0.7	5:35	5:58	
25	Sat	2:20	9.5	2:57	8.6	8:40	0.3	8:52	1.2	5:34	5:59	
26	Sun	3:06	9.1	3:48	8.1	9:29	0.8	9:41	1.7	5:32	6:01	
27	Mon	3:57	8.7	4:43	7.8	10:22	1.1	10:34	2.0	5:30	6:02	
28	Tue	4:52	8.5	5:42	7.7	11:20	1.4	11:33	2.2	5:28	6:03	
29	Wed	5:51	8.4	6:42	7.7			12:21	1.4	5:26	6:04	
30	Thu	6:52	8.5	7:37	8.0	12:34	2.1	1:19	1.3	5:25	6:05	
31	Fri	7:47	8.7	8:26	8.4	1:33	1.8	2:10	1.0	5:23	6:06	