US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jun 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:44	9.8	10:57	11.3	4:31	-0.8	4:41	-0.2	5:02	8:15	
2	Fri	11:36	10.1	11:47	11.6	5:22	-1.3	5:31	-0.4	5:01	8:16	
3	Sat			12:29	10.2	6:13	-1.7	6:23	-0.4	5:01	8:17	
4	Sun	12:38	11.8	1:22	10.2	7:05	-1.8	7:16	-0.4	5:00	8:18	
5	Mon	1:31	11.7	2:17	10.1	7:58	-1.7	8:11	-0.2	5:00	8:19	
6	Tue	2:27	11.4	3:15	10.0	8:54	-1.4	9:10	0.1	5:00	8:19	
7	Wed	3:26	11.0	4:16	9.8	9:52	-1.1	10:12	0.4	4:59	8:20	
8	Thu	4:29	10.5	5:17	9.7	10:53	-0.6	11:18	0.6	4:59	8:20	
9	Fri	5:33	10.0	6:18	9.7	11:53	-0.2			4:59	8:21	
10	Sat	6:38	9.6	7:18	9.7	12:24	0.7	12:54	0.2	4:59	8:22	
11	Sun	7:42	9.2	8:15	9.8	1:31	0.7	1:54	0.4	4:59	8:22	
12	Mon	8:44	9.1	9:08	9.9	2:34	0.6	2:50	0.7	4:58	8:23	
13	Tue	9:39	9.0	9:56	10.0	3:30	0.3	3:40	0.8	4:58	8:23	
14	Wed	10:29	8.9	10:39	10.1	4:20	0.2	4:25	1.0	4:58	8:24	
15	Thu	11:16	8.9	11:21	10.0	5:05	0.0	5:08	1.1	4:58	8:24	
16	Fri	11:59	8.8			5:47	0.0	5:47	1.2	4:58	8:24	
17	Sat	12:00	10.0	12:39	8.8	6:26	0.0	6:25	1.3	4:59	8:25	
18	Sun	12:37	9.9	1:18	8.7	7:03	0.1	7:03	1.4	4:59	8:25	
19	Mon	1:14	9.8	1:56	8.6	7:39	0.2	7:40	1.5	4:59	8:25	
20	Tue	1:51	9.7	2:34	8.6	8:15	0.3	8:19	1.6	4:59	8:26	
21	Wed	2:29	9.5	3:13	8.5	8:53	0.4	9:00	1.7	4:59	8:26	
22	Thu	3:10	9.3	3:54	8.6	9:33	0.5	9:45	1.7	4:59	8:26	
23	Fri	3:54	9.2	4:37	8.7	10:15	0.6	10:33	1.6	5:00	8:26	
24	Sat	4:41	9.0	5:22	8.9	11:00	0.7	11:24	1.5	5:00	8:26	
25	Sun	5:32	8.9	6:09	9.1	11:46	0.7			5:00	8:26	
26	Mon	6:26	8.8	6:59	9.5	12:18	1.2	12:37	0.7	5:01	8:26	
27	Tue	7:24	8.9	7:52	10.0	1:15	0.8	1:30	0.6	5:01	8:26	
28	Wed	8:24	9.1	8:46	10.5	2:14	0.3	2:26	0.4	5:02	8:26	
29	Thu	9:23	9.3	9:39	11.0	3:11	-0.3	3:21	0.1	5:02	8:26	
30	Fri	10:19	9.6	10:33	11.5	4:07	-0.9	4:15	-0.1	5:03	8:26	