US HARBORS www.USHarbors.com

Fore River, Portland, ME - Sep 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:38	11.0	2:06	10.5	7:50	-1.0	8:13	-0.6	6:05	7:16	
2	Sat	2:29	10.4	2:54	10.3	8:38	-0.4	9:05	-0.2	6:06	7:14	
3	Sun	3:20	9.8	3:43	9.9	9:26	0.2	10:00	0.2	6:07	7:13	
4	Mon	4:15	9.2	4:35	9.6	10:17	0.8	10:56	0.6	6:08	7:11	
5	Tue	5:11	8.7	5:30	9.2	11:10	1.3	11:54	1.0	6:09	7:09	
6	Wed	6:10	8.3	6:26	9.0			12:06	1.7	6:11	7:07	
7	Thu	7:09	8.0	7:24	8.9	12:55	1.2	1:05	1.9	6:12	7:05	
8	Fri	8:09	8.0	8:21	9.0	1:56	1.3	2:05	1.9	6:13	7:04	
9	Sat	9:03	8.2	9:13	9.2	2:52	1.1	2:59	1.7	6:14	7:02	
10	Sun	9:50	8.4	9:59	9.4	3:40	0.9	3:46	1.5	6:15	7:00	
11	Mon	10:33	8.7	10:41	9.6	4:22	0.6	4:28	1.1	6:16	6:58	
12	Tue	11:12	9.0	11:21	9.8	5:00	0.4	5:07	0.8	6:17	6:56	
13	Wed	11:48	9.3	11:58	9.9	5:35	0.2	5:44	0.6	6:18	6:54	
14	Thu			12:23	9.5	6:09	0.1	6:22	0.3	6:19	6:53	
15	Fri	12:35	10.0	12:56	9.7	6:43	0.0	7:00	0.1	6:21	6:51	
16	Sat	1:12	9.9	1:31	9.9	7:19	0.0	7:39	-0.1	6:22	6:49	
17	Sun	1:51	9.8	2:09	10.1	7:57	0.0	8:22	-0.1	6:23	6:47	
18	Mon	2:34	9.6	2:51	10.1	8:39	0.2	9:10	-0.1	6:24	6:45	
19	Tue	3:22	9.4	3:39	10.1	9:26	0.4	10:02	0.0	6:25	6:43	
20	Wed	4:16	9.1	4:34	10.0	10:18	0.6	11:00	0.1	6:26	6:42	
21	Thu	5:16	8.9	5:35	10.0	11:17	0.8			6:27	6:40	
22	Fri	6:22	8.8	6:41	10.0	12:03	0.2	12:20	0.9	6:28	6:38	
23	Sat	7:30	8.9	7:50	10.1	1:11	0.1	1:28	0.8	6:30	6:36	
24	Sun	8:36	9.2	8:55	10.4	2:18	-0.1	2:36	0.4	6:31	6:34	
25	Mon	9:36	9.7	9:55	10.7	3:20	-0.5	3:37	0.0	6:32	6:32	
26	Tue	10:29	10.1	10:49	10.9	4:14	-0.8	4:33	-0.5	6:33	6:31	
27	Wed	11:19	10.5	11:41	10.9	5:05	-1.0	5:25	-0.8	6:34	6:29	
28	Thu			12:07	10.7	5:53	-0.9	6:15	-0.9	6:35	6:27	
29	Fri	12:31	10.8	12:52	10.7	6:39	-0.7	7:03	-0.9	6:36	6:25	
30	Sat	1:18	10.4	1:36	10.5	7:23	-0.4	7:50	-0.6	6:38	6:23	