
































## Fore River, Portland, ME - Oct 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:05	10.0	2:19	10.2	8:06	0.1	8:37	-0.2	6:39	6:22	
2	Mon	2:53	9.4	3:05	9.8	8:51	0.7	9:26	0.2	6:40	6:20	
3	Tue	3:43	8.9	3:53	9.4	9:39	1.2	10:18	0.7	6:41	6:18	
4	Wed	4:36	8.4	4:46	9.0	10:30	1.7	11:13	1.1	6:42	6:16	
5	Thu	5:33	8.1	5:43	8.7	11:25	2.0			6:43	6:14	
6	Fri	6:30	8.0	6:41	8.6	12:11	1.3	12:24	2.2	6:45	6:13	
7	Sat	7:28	8.0	7:40	8.7	1:10	1.4	1:24	2.1	6:46	6:11	
8	Sun	8:23	8.2	8:35	8.9	2:07	1.3	2:21	1.9	6:47	6:09	
9	Mon	9:11	8.5	9:23	9.2	2:57	1.1	3:11	1.5	6:48	6:07	
10	Tue	9:54	8.9	10:06	9.4	3:40	0.8	3:54	1.0	6:49	6:06	
11	Wed	10:32	9.3	10:47	9.7	4:18	0.5	4:34	0.6	6:51	6:04	
12	Thu	11:08	9.7	11:27	9.9	4:54	0.2	5:13	0.1	6:52	6:02	
13	Fri	11:44	10.1			5:31	0.0	5:53	-0.3	6:53	6:00	
14	Sat	12:06	10.0	12:21	10.4	6:08	-0.1	6:33	-0.6	6:54	5:59	
15	Sun	12:47	10.0	12:59	10.6	6:47	-0.1	7:16	-0.7	6:56	5:57	
16	Mon	1:29	9.9	1:41	10.7	7:29	0.0	8:01	-0.8	6:57	5:55	
17	Tue	2:15	9.7	2:26	10.6	8:15	0.1	8:51	-0.6	6:58	5:54	
18	Wed	3:06	9.5	3:18	10.4	9:05	0.4	9:46	-0.4	6:59	5:52	
19	Thu	4:04	9.2	4:17	10.2	10:02	0.7	10:47	-0.2	7:00	5:51	
20	Fri	5:07	9.0	5:23	10.0	11:04	0.9	11:51	0.0	7:02	5:49	
21	Sat	6:14	9.0	6:32	9.9			12:11	1.0	7:03	5:47	
22	Sun	7:21	9.1	7:41	9.9	12:58	0.1	1:22	0.8	7:04	5:46	
23	Mon	8:25	9.5	8:46	10.1	2:05	-0.1	2:29	0.4	7:06	5:44	
24	Tue	9:22	9.9	9:44	10.2	3:05	-0.3	3:30	0.0	7:07	5:43	
25	Wed	10:13	10.3	10:37	10.3	3:58	-0.4	4:23	-0.5	7:08	5:41	
26	Thu	11:00	10.6	11:27	10.3	4:46	-0.5	5:13	-0.7	7:09	5:40	
27	Fri	11:44	10.7			5:31	-0.3	6:00	-0.8	7:11	5:38	
28	Sat	12:14	10.1	12:27	10.6	6:14	-0.1	6:44	-0.7	7:12	5:37	
29	Sun	12:59	9.8	12:07	10.4	5:56	0.2	6:27	-0.5	6:13	4:36	
30	Mon	12:42	9.5	12:48	10.1	6:37	0.7	7:10	-0.1	6:15	4:34	
31	Tue	1:26	9.1	1:29	9.7	7:18	1.1	7:54	0.3	6:16	4:33	