
































## Fore River, Portland, ME - Nov 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:12	8.7	2:14	9.3	8:02	1.5	8:41	0.7	6:17	4:31	
2	Thu	3:01	8.3	3:04	9.0	8:51	1.9	9:31	1.0	6:18	4:30	
3	Fri	3:54	8.1	3:58	8.7	9:43	2.1	10:24	1.3	6:20	4:29	
4	Sat	4:48	8.0	4:54	8.5	10:39	2.2	11:18	1.4	6:21	4:27	
5	Sun	5:43	8.0	5:52	8.5	11:37	2.1			6:22	4:26	
6	Mon	6:36	8.3	6:48	8.6	12:13	1.3	12:35	1.9	6:24	4:25	
7	Tue	7:25	8.6	7:40	8.9	1:04	1.2	1:28	1.5	6:25	4:24	
8	Wed	8:09	9.1	8:27	9.1	1:51	0.9	2:16	0.9	6:26	4:23	
9	Thu	8:49	9.6	9:11	9.4	2:33	0.6	2:59	0.3	6:28	4:22	
10	Fri	9:28	10.1	9:54	9.7	3:13	0.3	3:42	-0.3	6:29	4:20	
11	Sat	10:07	10.6	10:38	9.9	3:53	0.0	4:25	-0.8	6:30	4:19	
12	Sun	10:49	10.9	11:23	10.0	4:36	-0.2	5:09	-1.1	6:32	4:18	
13	Mon	11:32	11.1			5:20	-0.3	5:55	-1.3	6:33	4:17	
14	Tue	12:10	10.0	12:19	11.2	6:06	-0.2	6:44	-1.3	6:34	4:16	
15	Wed	12:59	9.8	1:09	11.0	6:56	-0.1	7:36	-1.1	6:35	4:15	
16	Thu	1:53	9.6	2:04	10.7	7:49	0.2	8:32	-0.8	6:37	4:14	
17	Fri	2:53	9.4	3:05	10.4	8:49	0.5	9:33	-0.5	6:38	4:14	
18	Sat	3:57	9.3	4:12	10.0	9:54	0.7	10:37	-0.2	6:39	4:13	
19	Sun	5:02	9.3	5:20	9.7	11:02	0.8	11:42	0.0	6:40	4:12	
20	Mon	6:07	9.4	6:29	9.6			12:12	0.7	6:42	4:11	
21	Tue	7:08	9.7	7:33	9.6	12:46	0.0	1:20	0.4	6:43	4:10	
22	Wed	8:04	10.0	8:32	9.6	1:46	0.0	2:19	0.0	6:44	4:10	
23	Thu	8:54	10.3	9:24	9.6	2:38	0.0	3:12	-0.4	6:45	4:09	
24	Fri	9:40	10.4	10:12	9.6	3:26	0.1	4:00	-0.6	6:47	4:08	
25	Sat	10:23	10.4	10:58	9.4	4:10	0.2	4:45	-0.6	6:48	4:08	
26	Sun	11:04	10.4	11:41	9.3	4:52	0.4	5:27	-0.5	6:49	4:07	
27	Mon	11:43	10.2			5:32	0.7	6:07	-0.4	6:50	4:07	
28	Tue	12:22	9.0	12:22	9.9	6:11	1.0	6:46	-0.1	6:51	4:06	
29	Wed	1:02	8.8	1:01	9.7	6:50	1.2	7:26	0.2	6:53	4:06	
30	Thu	1:43	8.5	1:42	9.3	7:31	1.5	8:07	0.5	6:54	4:05	