US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:16**	8.3	**3:22**	8.6	**9:12**	1.6	**9:39**	0.8	7:14	4:15	
2	Tue	**4:01**	8.4	**4:12**	8.4	**10:03**	1.5	**10:26**	1.0	7:14	4:16	
3	Wed	**4:48**	8.6	**5:07**	8.3	**10:56**	1.4	**11:15**	1.0	7:14	4:17	
4	Thu	**5:37**	8.8	**6:05**	8.2	**11:53**	1.1			7:14	4:17	
5	Fri	**6:30**	9.2	**7:05**	8.4	**12:08**	1.0	**12:53**	0.6	7:14	4:18	
6	Sat	**7:24**	9.7	**8:04**	8.7	**1:04**	0.8	**1:51**	0.1	7:14	4:19	
7	Sun	**8:18**	10.3	**8:59**	9.1	**2:00**	0.5	**2:46**	-0.6	7:14	4:21	
8	Mon	**9:10**	10.8	**9:53**	9.4	**2:53**	0.1	**3:39**	-1.2	7:13	4:22	
9	Tue	**10:03**	11.3	**10:46**	9.8	**3:46**	-0.3	**4:31**	-1.7	7:13	4:23	
10	Wed	**10:56**	11.6	**11:39**	10.0	**4:40**	-0.6	**5:23**	-1.9	7:13	4:24	
11	Thu	**11:50**	11.7			**5:33**	-0.8	**6:15**	-2.0	7:13	4:25	
12	Fri	**12:32**	10.2	**12:44**	11.5	**6:27**	-0.8	**7:07**	-1.9	7:12	4:26	
13	Sat	**1:25**	10.2	**1:39**	11.1	**7:23**	-0.7	**8:01**	-1.5	7:12	4:27	
14	Sun	**2:20**	10.1	**2:37**	10.5	**8:21**	-0.4	**8:56**	-1.0	7:11	4:28	
15	Mon	**3:17**	9.9	**3:38**	9.9	**9:23**	-0.1	**9:53**	-0.5	7:11	4:30	
16	Tue	**4:16**	9.8	**4:42**	9.3	**10:27**	0.2	**10:52**	0.1	7:10	4:31	
17	Wed	**5:15**	9.6	**5:46**	8.8	**11:32**	0.4	**11:52**	0.6	7:10	4:32	
18	Thu	**6:14**	9.5	**6:52**	8.5			**12:39**	0.4	7:09	4:33	
19	Fri	**7:13**	9.4	**7:53**	8.4	**12:53**	0.9	**1:42**	0.3	7:08	4:35	
20	Sat	**8:08**	9.5	**8:48**	8.4	**1:52**	1.1	**2:38**	0.2	7:08	4:36	
21	Sun	**8:58**	9.6	**9:37**	8.5	**2:44**	1.1	**3:26**	0.0	7:07	4:37	
22	Mon	**9:43**	9.6	**10:21**	8.5	**3:30**	1.0	**4:10**	-0.1	7:06	4:38	
23	Tue	**10:25**	9.7	**11:01**	8.6	**4:12**	1.0	**4:50**	-0.1	7:05	4:40	
24	Wed	**11:03**	9.7	**11:39**	8.7	**4:51**	0.9	**5:27**	-0.1	7:05	4:41	
25	Thu	**11:40**	9.7			**5:27**	0.9	**6:01**	-0.1	7:04	4:42	
26	Fri	**12:14**	8.7	**12:15**	9.7	**6:03**	0.8	**6:34**	0.0	7:03	4:44	
27	Sat	**12:48**	8.7	**12:50**	9.5	**6:38**	0.9	**7:07**	0.1	7:02	4:45	
28	Sun	**1:21**	8.7	**1:25**	9.3	**7:15**	0.9	**7:41**	0.2	7:01	4:46	
29	Mon	**1:56**	8.7	**2:04**	9.1	**7:54**	0.9	**8:18**	0.4	7:00	4:48	
30	Tue	**2:33**	8.8	**2:46**	8.8	**8:37**	0.9	**8:58**	0.6	6:59	4:49	
31	Wed	**3:14**	8.8	**3:34**	8.5	**9:25**	0.9	**9:43**	0.8	6:58	4:51	