US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:40**	9.1	**9:01**	10.2	**2:28**	0.2	**2:40**	0.6	5:03	8:26	
2	Mon	**9:38**	9.0	**9:52**	10.3	**3:27**	0.0	**3:35**	0.8	5:04	8:26	
3	Tue	**10:31**	8.9	**10:39**	10.3	**4:20**	-0.1	**4:24**	0.9	5:04	8:26	
4	Wed	**11:20**	8.9	**11:25**	10.2	**5:08**	-0.2	**5:10**	1.0	5:05	8:25	
5	Thu			**12:06**	8.9	**5:53**	-0.2	**5:54**	1.1	5:06	8:25	
6	Fri	**12:07**	10.2	**12:49**	8.8	**6:35**	-0.1	**6:35**	1.2	5:06	8:25	
7	Sat	**12:48**	10.0	**1:29**	8.8	**7:15**	0.0	**7:15**	1.3	5:07	8:24	
8	Sun	**1:27**	9.9	**2:07**	8.7	**7:52**	0.1	**7:54**	1.4	5:08	8:24	
9	Mon	**2:06**	9.7	**2:46**	8.7	**8:29**	0.3	**8:35**	1.5	5:08	8:23	
10	Tue	**2:45**	9.4	**3:26**	8.6	**9:07**	0.5	**9:17**	1.6	5:09	8:23	
11	Wed	**3:27**	9.2	**4:07**	8.7	**9:46**	0.7	**10:02**	1.6	5:10	8:22	
12	Thu	**4:11**	8.9	**4:49**	8.7	**10:27**	0.9	**10:50**	1.6	5:11	8:22	
13	Fri	**4:58**	8.6	**5:32**	8.9	**11:09**	1.0	**11:40**	1.6	5:12	8:21	
14	Sat	**5:48**	8.4	**6:18**	9.0	**11:55**	1.2			5:12	8:21	
15	Sun	**6:41**	8.3	**7:06**	9.3	**12:32**	1.4	**12:44**	1.2	5:13	8:20	
16	Mon	**7:39**	8.3	**7:58**	9.6	**1:28**	1.1	**1:36**	1.2	5:14	8:19	
17	Tue	**8:37**	8.4	**8:51**	10.1	**2:25**	0.7	**2:31**	1.0	5:15	8:19	
18	Wed	**9:32**	8.7	**9:44**	10.6	**3:21**	0.1	**3:25**	0.7	5:16	8:18	
19	Thu	**10:26**	9.1	**10:36**	11.0	**4:14**	-0.4	**4:19**	0.4	5:17	8:17	
20	Fri	**11:20**	9.5	**11:30**	11.4	**5:06**	-0.9	**5:12**	0.0	5:18	8:16	
21	Sat			**12:13**	9.8	**5:58**	-1.3	**6:06**	-0.3	5:19	8:15	
22	Sun	**12:23**	11.6	**1:06**	10.1	**6:50**	-1.6	**7:00**	-0.5	5:20	8:14	
23	Mon	**1:17**	11.6	**1:58**	10.3	**7:41**	-1.6	**7:55**	-0.5	5:21	8:14	
24	Tue	**2:12**	11.4	**2:52**	10.4	**8:33**	-1.5	**8:52**	-0.4	5:22	8:13	
25	Wed	**3:08**	11.0	**3:48**	10.4	**9:27**	-1.1	**9:52**	-0.2	5:23	8:12	
26	Thu	**4:08**	10.4	**4:45**	10.3	**10:22**	-0.7	**10:55**	0.0	5:24	8:11	
27	Fri	**5:09**	9.9	**5:42**	10.2	**11:19**	-0.1	**11:58**	0.2	5:25	8:10	
28	Sat	**6:12**	9.3	**6:41**	10.0			**12:17**	0.4	5:26	8:08	
29	Sun	**7:17**	8.9	**7:40**	9.9	**1:04**	0.3	**1:18**	0.8	5:27	8:07	
30	Mon	**8:21**	8.7	**8:38**	9.9	**2:09**	0.4	**2:19**	1.1	5:28	8:06	
31	Tue	**9:20**	8.6	**9:32**	9.9	**3:09**	0.3	**3:16**	1.2	5:29	8:05	