



























Fore River, Portland, ME - Aug 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:13	8.6	10:21	9.9	4:03	0.2	4:06	1.2	5:30	8:04	
2	Thu	11:01	8.6	11:07	9.9	4:51	0.2	4:53	1.2	5:31	8:03	
3	Fri	11:45	8.7	11:49	9.9	5:34	0.1	5:35	1.2	5:32	8:01	
4	Sat			12:25	8.8	6:14	0.1	6:15	1.1	5:33	8:00	
5	Sun	12:28	9.9	1:03	8.8	6:50	0.1	6:52	1.1	5:34	7:59	
6	Mon	1:05	9.8	1:38	8.9	7:24	0.2	7:29	1.1	5:36	7:57	
7	Tue	1:41	9.7	2:12	8.9	7:57	0.3	8:06	1.1	5:37	7:56	
8	Wed	2:17	9.5	2:47	8.9	8:31	0.4	8:44	1.2	5:38	7:55	
9	Thu	2:54	9.2	3:23	9.0	9:07	0.6	9:26	1.2	5:39	7:53	
10	Fri	3:35	8.9	4:02	9.0	9:45	0.8	10:11	1.2	5:40	7:52	
11	Sat	4:20	8.7	4:45	9.1	10:27	1.0	10:59	1.2	5:41	7:50	
12	Sun	5:09	8.4	5:31	9.2	11:13	1.2	11:52	1.1	5:42	7:49	
13	Mon	6:03	8.3	6:23	9.4			12:04	1.3	5:43	7:48	
14	Tue	7:02	8.3	7:21	9.7	12:50	0.9	1:00	1.2	5:44	7:46	
15	Wed	8:05	8.4	8:21	10.1	1:51	0.6	2:01	1.0	5:46	7:45	
16	Thu	9:06	8.8	9:20	10.6	2:53	0.1	3:01	0.6	5:47	7:43	
17	Fri	10:03	9.2	10:17	11.1	3:50	-0.5	3:59	0.1	5:48	7:41	
18	Sat	10:58	9.7	11:13	11.5	4:45	-1.0	4:54	-0.4	5:49	7:40	
19	Sun	11:52	10.2			5:38	-1.4	5:50	-0.7	5:50	7:38	
20	Mon	12:08	11.7	12:44	10.6	6:29	-1.7	6:45	-1.0	5:51	7:37	
21	Tue	1:02	11.6	1:35	10.8	7:20	-1.7	7:39	-1.1	5:52	7:35	
22	Wed	1:55	11.4	2:27	10.8	8:10	-1.4	8:34	-0.9	5:53	7:33	
23	Thu	2:50	10.9	3:20	10.7	9:02	-1.0	9:32	-0.6	5:55	7:32	
24	Fri	3:48	10.2	4:15	10.4	9:55	-0.4	10:32	-0.2	5:56	7:30	
25	Sat	4:48	9.6	5:13	10.1	10:52	0.3	11:34	0.2	5:57	7:29	
26	Sun	5:50	9.0	6:12	9.8	11:51	0.8			5:58	7:27	
27	Mon	6:54	8.6	7:13	9.5	12:39	0.5	12:52	1.3	5:59	7:25	
28	Tue	7:58	8.4	8:14	9.4	1:45	0.6	1:56	1.5	6:00	7:23	
29	Wed	8:58	8.4	9:10	9.5	2:46	0.7	2:55	1.5	6:01	7:22	
30	Thu	9:50	8.5	10:00	9.6	3:40	0.6	3:47	1.4	6:02	7:20	
31	Fri	10:36	8.6	10:45	9.7	4:27	0.5	4:32	1.2	6:04	7:18	