

































Fore River, Portland, ME - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:19	10.9	10:04	9.3	3:02	0.1	3:49	-1.2	7:14	4:14	
2	Thu	10:12	11.0	10:57	9.4	3:55	0.1	4:41	-1.3	7:14	4:15	
3	Fri	11:03	10.9	11:47	9.3	4:47	0.1	5:31	-1.2	7:14	4:16	
4	Sat	11:52	10.7			5:37	0.2	6:19	-1.0	7:14	4:17	
5	Sun	12:34	9.2	12:40	10.4	6:25	0.4	7:05	-0.7	7:14	4:18	
6	Mon	1:21	9.0	1:27	10.0	7:13	0.6	7:51	-0.2	7:14	4:19	
7	Tue	2:08	8.8	2:14	9.4	8:02	0.9	8:37	0.2	7:14	4:20	
8	Wed	2:55	8.6	3:05	8.9	8:53	1.2	9:23	0.7	7:14	4:21	
9	Thu	3:44	8.5	3:57	8.4	9:47	1.5	10:10	1.1	7:13	4:22	
10	Fri	4:32	8.5	4:52	8.0	10:42	1.6	10:58	1.4	7:13	4:23	
11	Sat	5:22	8.4	5:49	7.7	11:39	1.6	11:49	1.7	7:13	4:24	
12	Sun	6:13	8.5	6:48	7.6			12:38	1.5	7:12	4:26	
13	Mon	7:05	8.6	7:45	7.6	12:42	1.8	1:34	1.2	7:12	4:27	
14	Tue	7:54	8.9	8:36	7.8	1:35	1.8	2:25	0.9	7:12	4:28	
15	Wed	8:40	9.2	9:22	8.0	2:23	1.6	3:10	0.5	7:11	4:29	
16	Thu	9:24	9.5	10:05	8.3	3:07	1.4	3:52	0.1	7:11	4:30	
17	Fri	10:06	9.9	10:47	8.5	3:49	1.1	4:33	-0.2	7:10	4:31	
18	Sat	10:47	10.2	11:27	8.8	4:31	0.8	5:13	-0.6	7:09	4:33	
19	Sun	11:30	10.5			5:14	0.4	5:54	-0.8	7:09	4:34	
20	Mon	12:08	9.1	12:12	10.6	5:58	0.2	6:35	-1.0	7:08	4:35	
21	Tue	12:49	9.3	12:57	10.6	6:44	0.0	7:18	-1.0	7:07	4:37	
22	Wed	1:33	9.6	1:45	10.4	7:32	-0.1	8:04	-0.9	7:07	4:38	
23	Thu	2:20	9.7	2:37	10.0	8:25	-0.1	8:53	-0.6	7:06	4:39	
24	Fri	3:12	9.8	3:35	9.5	9:22	-0.1	9:46	-0.3	7:05	4:40	
25	Sat	4:06	9.8	4:37	9.1	10:23	0.0	10:42	0.2	7:04	4:42	
26	Sun	5:05	9.8	5:43	8.7	11:28	0.0	11:43	0.5	7:03	4:43	
27	Mon	6:07	9.8	6:53	8.5			12:36	0.0	7:02	4:44	
28	Tue	7:12	9.9	8:00	8.6	12:49	0.7	1:45	-0.2	7:01	4:46	
29	Wed	8:14	10.1	9:01	8.7	1:54	0.7	2:46	-0.5	7:00	4:47	
30	Thu	9:11	10.3	9:56	8.9	2:53	0.6	3:41	-0.7	6:59	4:49	
31	Fri	10:04	10.4	10:46	9.1	3:47	0.4	4:32	-0.8	6:58	4:50	