

































## Fore River, Portland, ME - Mar 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:55	10.0	10:31	9.0	3:40	0.6	4:18	-0.4	6:17	5:29	
2	Sun	10:41	10.0	11:12	9.2	4:27	0.3	5:01	-0.4	6:16	5:30	
3	Mon	11:23	10.0	11:50	9.3	5:10	0.2	5:39	-0.3	6:14	5:31	
4	Tue			12:02	9.8	5:50	0.2	6:14	-0.1	6:12	5:33	
5	Wed	12:25	9.4	12:39	9.5	6:28	0.2	6:47	0.2	6:11	5:34	
6	Thu	12:59	9.3	1:16	9.1	7:05	0.3	7:20	0.5	6:09	5:35	
7	Fri	1:32	9.2	1:54	8.7	7:43	0.5	7:55	0.9	6:07	5:36	
8	Sat	2:08	9.0	2:36	8.3	8:23	0.7	8:33	1.3	6:05	5:38	
9	Sun	2:47	8.8	3:22	7.9	9:07	1.0	9:16	1.7	6:04	5:39	
10	Mon	3:31	8.6	4:13	7.6	9:56	1.2	10:04	2.0	6:02	5:40	
11	Tue	4:22	8.4	5:10	7.3	10:50	1.4	10:58	2.2	6:00	5:41	
12	Wed	5:18	8.4	6:12	7.3	11:51	1.4	11:58	2.1	5:58	5:43	
13	Thu	6:20	8.5	7:14	7.6			12:54	1.2	5:57	5:44	
14	Fri	7:22	8.9	8:09	8.0	1:01	1.9	1:53	0.7	5:55	5:45	
15	Sat	8:18	9.5	8:58	8.7	2:00	1.3	2:44	0.2	5:53	5:46	
16	Sun	9:09	10.1	9:44	9.4	2:52	0.6	3:30	-0.5	5:51	5:48	
17	Mon	9:58	10.6	10:28	10.0	3:42	-0.1	4:15	-1.0	5:49	5:49	
18	Tue	10:46	10.9	11:12	10.6	4:30	-0.8	4:59	-1.3	5:48	5:50	
19	Wed	11:34	11.0	11:57	11.0	5:19	-1.3	5:43	-1.5	5:46	5:51	
20	Thu			12:23	10.9	6:08	-1.7	6:29	-1.3	5:44	5:52	
21	Fri	12:42	11.2	1:13	10.6	6:58	-1.7	7:17	-1.0	5:42	5:54	
22	Sat	1:30	11.1	2:06	10.1	7:50	-1.5	8:07	-0.4	5:40	5:55	
23	Sun	2:22	10.8	3:05	9.4	8:47	-1.0	9:03	0.2	5:39	5:56	
24	Mon	3:21	10.3	4:10	8.9	9:49	-0.5	10:05	0.8	5:37	5:57	
25	Tue	4:25	9.8	5:19	8.5	10:56	0.0	11:13	1.3	5:35	5:58	
26	Wed	5:34	9.4	6:30	8.3			12:08	0.4	5:33	6:00	
27	Thu	6:46	9.2	7:37	8.4	12:26	1.4	1:19	0.4	5:31	6:01	
28	Fri	7:53	9.3	8:35	8.7	1:36	1.3	2:20	0.3	5:30	6:02	
29	Sat	8:50	9.5	9:24	9.0	2:36	1.0	3:12	0.2	5:28	6:03	
30	Sun	9:39	9.6	10:08	9.2	3:27	0.7	3:56	0.1	5:26	6:04	
31	Mon	10:23	9.6	10:46	9.4	4:12	0.4	4:35	0.1	5:24	6:06	