US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jun 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**12:26**	9.8	**1:08**	8.5	**6:52**	0.2	**6:49**	1.6	5:02	8:15	
2	Mon	**1:01**	9.7	**1:45**	8.4	**7:28**	0.3	**7:27**	1.6	5:01	8:16	
3	Tue	**1:38**	9.7	**2:23**	8.4	**8:06**	0.3	**8:07**	1.7	5:01	8:17	
4	Wed	**2:17**	9.7	**3:04**	8.4	**8:46**	0.3	**8:50**	1.7	5:01	8:17	
5	Thu	**3:01**	9.6	**3:50**	8.4	**9:31**	0.3	**9:39**	1.6	5:00	8:18	
6	Fri	**3:50**	9.5	**4:39**	8.6	**10:18**	0.3	**10:33**	1.5	5:00	8:19	
7	Sat	**4:43**	9.4	**5:30**	8.9	**11:09**	0.3	**11:30**	1.3	5:00	8:19	
8	Sun	**5:40**	9.4	**6:23**	9.3			**12:01**	0.3	4:59	8:20	
9	Mon	**6:41**	9.4	**7:18**	9.8	**12:30**	0.9	**12:56**	0.2	4:59	8:21	
10	Tue	**7:44**	9.4	**8:14**	10.4	**1:33**	0.4	**1:53**	0.1	4:59	8:21	
11	Wed	**8:46**	9.5	**9:08**	10.9	**2:35**	-0.2	**2:49**	0.0	4:59	8:22	
12	Thu	**9:46**	9.7	**10:01**	11.3	**3:33**	-0.8	**3:44**	-0.1	4:59	8:22	
13	Fri	**10:43**	9.8	**10:54**	11.6	**4:29**	-1.2	**4:38**	-0.2	4:58	8:23	
14	Sat	**11:40**	9.9	**11:48**	11.6	**5:24**	-1.5	**5:32**	-0.1	4:58	8:23	
15	Sun			**12:35**	9.9	**6:18**	-1.6	**6:26**	0.0	4:58	8:24	
16	Mon	**12:42**	11.5	**1:29**	9.8	**7:11**	-1.5	**7:19**	0.2	4:58	8:24	
17	Tue	**1:35**	11.2	**2:23**	9.6	**8:04**	-1.2	**8:13**	0.5	4:58	8:25	
18	Wed	**2:29**	10.8	**3:17**	9.3	**8:58**	-0.7	**9:09**	0.8	4:59	8:25	
19	Thu	**3:24**	10.2	**4:13**	9.1	**9:52**	-0.3	**10:08**	1.2	4:59	8:25	
20	Fri	**4:21**	9.7	**5:08**	9.0	**10:46**	0.2	**11:08**	1.4	4:59	8:25	
21	Sat	**5:19**	9.2	**6:01**	9.0	**11:39**	0.7			4:59	8:26	
22	Sun	**6:16**	8.7	**6:53**	9.0	**12:07**	1.5	**12:30**	1.1	4:59	8:26	
23	Mon	**7:14**	8.4	**7:44**	9.0	**1:07**	1.5	**1:22**	1.4	5:00	8:26	
24	Tue	**8:11**	8.2	**8:33**	9.1	**2:06**	1.4	**2:13**	1.6	5:00	8:26	
25	Wed	**9:05**	8.1	**9:18**	9.3	**2:59**	1.2	**3:01**	1.7	5:00	8:26	
26	Thu	**9:54**	8.1	**10:01**	9.4	**3:47**	1.0	**3:45**	1.7	5:01	8:26	
27	Fri	**10:40**	8.2	**10:42**	9.6	**4:30**	0.7	**4:26**	1.7	5:01	8:26	
28	Sat	**11:23**	8.3	**11:21**	9.7	**5:11**	0.5	**5:06**	1.7	5:01	8:26	
29	Sun			**12:05**	8.4	**5:50**	0.4	**5:45**	1.6	5:02	8:26	
30	Mon	**12:00**	9.8	**12:44**	8.4	**6:28**	0.2	**6:24**	1.5	5:02	8:26	