US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**12:39**	9.9	**1:23**	8.5	**7:06**	0.1	**7:04**	1.4	5:03	8:26	
2	Wed	**1:18**	10.0	**2:01**	8.7	**7:45**	0.0	**7:46**	1.3	5:03	8:26	
3	Thu	**1:59**	10.0	**2:42**	8.8	**8:25**	-0.1	**8:31**	1.2	5:04	8:26	
4	Fri	**2:42**	10.0	**3:25**	9.0	**9:08**	-0.1	**9:20**	1.0	5:05	8:25	
5	Sat	**3:30**	9.9	**4:12**	9.3	**9:53**	-0.1	**10:13**	0.9	5:05	8:25	
6	Sun	**4:23**	9.7	**5:02**	9.6	**10:42**	-0.1	**11:09**	0.7	5:06	8:25	
7	Mon	**5:19**	9.5	**5:54**	9.9	**11:33**	0.1			5:07	8:25	
8	Tue	**6:19**	9.3	**6:50**	10.2	**12:09**	0.5	**12:27**	0.2	5:07	8:24	
9	Wed	**7:23**	9.1	**7:48**	10.5	**1:12**	0.2	**1:26**	0.4	5:08	8:24	
10	Thu	**8:29**	9.1	**8:47**	10.8	**2:16**	-0.2	**2:26**	0.4	5:09	8:23	
11	Fri	**9:31**	9.2	**9:45**	11.0	**3:18**	-0.5	**3:25**	0.4	5:10	8:23	
12	Sat	**10:31**	9.3	**10:41**	11.2	**4:16**	-0.9	**4:22**	0.3	5:10	8:22	
13	Sun	**11:27**	9.4	**11:35**	11.2	**5:12**	-1.1	**5:18**	0.2	5:11	8:22	
14	Mon			**12:22**	9.5	**6:06**	-1.1	**6:12**	0.2	5:12	8:21	
15	Tue	**12:29**	11.1	**1:13**	9.5	**6:57**	-1.1	**7:04**	0.3	5:13	8:20	
16	Wed	**1:20**	10.9	**2:02**	9.5	**7:46**	-0.8	**7:55**	0.5	5:14	8:20	
17	Thu	**2:09**	10.5	**2:51**	9.4	**8:34**	-0.5	**8:46**	0.7	5:15	8:19	
18	Fri	**2:59**	10.0	**3:39**	9.2	**9:21**	-0.1	**9:38**	1.0	5:16	8:18	
19	Sat	**3:49**	9.5	**4:27**	9.1	**10:07**	0.4	**10:32**	1.2	5:16	8:17	
20	Sun	**4:41**	8.9	**5:15**	9.0	**10:54**	0.9	**11:26**	1.4	5:17	8:17	
21	Mon	**5:34**	8.5	**6:03**	8.9	**11:41**	1.3			5:18	8:16	
22	Tue	**6:29**	8.1	**6:53**	8.9	**12:21**	1.5	**12:29**	1.7	5:19	8:15	
23	Wed	**7:27**	7.8	**7:44**	8.9	**1:18**	1.6	**1:21**	1.9	5:20	8:14	
24	Thu	**8:24**	7.7	**8:36**	9.0	**2:16**	1.5	**2:14**	2.0	5:21	8:13	
25	Fri	**9:18**	7.8	**9:24**	9.2	**3:09**	1.2	**3:05**	2.0	5:22	8:12	
26	Sat	**10:07**	8.0	**10:09**	9.5	**3:57**	1.0	**3:52**	1.8	5:23	8:11	
27	Sun	**10:52**	8.1	**10:53**	9.7	**4:40**	0.7	**4:35**	1.6	5:24	8:10	
28	Mon	**11:35**	8.4	**11:34**	10.0	**5:21**	0.4	**5:17**	1.4	5:25	8:09	
29	Tue			**12:15**	8.6	**6:01**	0.1	**5:59**	1.1	5:26	8:08	
30	Wed	**12:16**	10.2	**12:55**	8.9	**6:40**	-0.2	**6:42**	0.8	5:27	8:07	
31	Thu	**12:57**	10.4	**1:34**	9.2	**7:19**	-0.4	**7:25**	0.6	5:29	8:06	