



Fore River, Portland, ME - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:39	9.9	1:23	8.5	7:06	0.1	7:04	1.4	5:03	8:26	☀
2	Wed	1:18	10.0	2:01	8.7	7:45	0.0	7:46	1.3	5:03	8:26	☀
3	Thu	1:59	10.0	2:42	8.8	8:25	-0.1	8:31	1.2	5:04	8:26	☾
4	Fri	2:42	10.0	3:25	9.0	9:08	-0.1	9:20	1.0	5:05	8:25	☾
5	Sat	3:30	9.9	4:12	9.3	9:53	-0.1	10:13	0.9	5:05	8:25	☾
6	Sun	4:23	9.7	5:02	9.6	10:42	-0.1	11:09	0.7	5:06	8:25	☾
7	Mon	5:19	9.5	5:54	9.9	11:33	0.1			5:07	8:25	☾
8	Tue	6:19	9.3	6:50	10.2	12:09	0.5	12:27	0.2	5:07	8:24	☾
9	Wed	7:23	9.1	7:48	10.5	1:12	0.2	1:26	0.4	5:08	8:24	☾
10	Thu	8:29	9.1	8:47	10.8	2:16	-0.2	2:26	0.4	5:09	8:23	☾
11	Fri	9:31	9.2	9:45	11.0	3:18	-0.5	3:25	0.4	5:10	8:23	☾
12	Sat	10:31	9.3	10:41	11.2	4:16	-0.9	4:22	0.3	5:10	8:22	☾
13	Sun	11:27	9.4	11:35	11.2	5:12	-1.1	5:18	0.2	5:11	8:22	☾
14	Mon			12:22	9.5	6:06	-1.1	6:12	0.2	5:12	8:21	☾
15	Tue	12:29	11.1	1:13	9.5	6:57	-1.1	7:04	0.3	5:13	8:20	☾
16	Wed	1:20	10.9	2:02	9.5	7:46	-0.8	7:55	0.5	5:14	8:20	☾
17	Thu	2:09	10.5	2:51	9.4	8:34	-0.5	8:46	0.7	5:15	8:19	☾
18	Fri	2:59	10.0	3:39	9.2	9:21	-0.1	9:38	1.0	5:16	8:18	☾
19	Sat	3:49	9.5	4:27	9.1	10:07	0.4	10:32	1.2	5:16	8:17	☾
20	Sun	4:41	8.9	5:15	9.0	10:54	0.9	11:26	1.4	5:17	8:17	☾
21	Mon	5:34	8.5	6:03	8.9	11:41	1.3			5:18	8:16	☾
22	Tue	6:29	8.1	6:53	8.9	12:21	1.5	12:29	1.7	5:19	8:15	☾
23	Wed	7:27	7.8	7:44	8.9	1:18	1.6	1:21	1.9	5:20	8:14	☾
24	Thu	8:24	7.7	8:36	9.0	2:16	1.5	2:14	2.0	5:21	8:13	☾
25	Fri	9:18	7.8	9:24	9.2	3:09	1.2	3:05	2.0	5:22	8:12	☾
26	Sat	10:07	8.0	10:09	9.5	3:57	1.0	3:52	1.8	5:23	8:11	☾
27	Sun	10:52	8.1	10:53	9.7	4:40	0.7	4:35	1.6	5:24	8:10	☾
28	Mon	11:35	8.4	11:34	10.0	5:21	0.4	5:17	1.4	5:25	8:09	☾
29	Tue			12:15	8.6	6:01	0.1	5:59	1.1	5:26	8:08	☾
30	Wed	12:16	10.2	12:55	8.9	6:40	-0.2	6:42	0.8	5:27	8:07	☾
31	Thu	12:57	10.4	1:34	9.2	7:19	-0.4	7:25	0.6	5:29	8:06	☾