



Fore River, Portland, ME - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:39	10.4	2:15	9.5	7:59	-0.5	8:11	0.4	5:30	8:04	☀
2	Sat	2:23	10.3	2:58	9.8	8:42	-0.5	9:01	0.2	5:31	8:03	☾
3	Sun	3:12	10.1	3:45	10.0	9:27	-0.4	9:54	0.1	5:32	8:02	☾
4	Mon	4:05	9.8	4:35	10.1	10:16	-0.2	10:51	0.1	5:33	8:01	☾
5	Tue	5:02	9.4	5:30	10.2	11:09	0.1	11:51	0.1	5:34	7:59	☾
6	Wed	6:04	9.1	6:28	10.2			12:06	0.5	5:35	7:58	☾
7	Thu	7:10	8.8	7:30	10.3	12:55	0.1	1:07	0.7	5:36	7:57	☾
8	Fri	8:18	8.7	8:35	10.4	2:03	0.0	2:12	0.8	5:37	7:55	☾
9	Sat	9:23	8.8	9:36	10.6	3:08	-0.2	3:15	0.7	5:38	7:54	☾
10	Sun	10:22	9.0	10:33	10.7	4:08	-0.4	4:14	0.6	5:39	7:53	☾
11	Mon	11:16	9.2	11:26	10.8	5:02	-0.6	5:08	0.4	5:41	7:51	☾
12	Tue			12:06	9.4	5:53	-0.7	5:59	0.3	5:42	7:50	☾
13	Wed	12:16	10.7	12:53	9.5	6:40	-0.6	6:48	0.3	5:43	7:48	☾
14	Thu	1:03	10.5	1:37	9.5	7:23	-0.5	7:34	0.4	5:44	7:47	☾
15	Fri	1:47	10.2	2:18	9.4	8:04	-0.1	8:19	0.6	5:45	7:45	☾
16	Sat	2:31	9.7	2:59	9.3	8:44	0.3	9:04	0.8	5:46	7:44	☾
17	Sun	3:15	9.2	3:41	9.2	9:24	0.7	9:51	1.1	5:47	7:42	☾
18	Mon	4:02	8.7	4:25	9.0	10:06	1.2	10:41	1.3	5:48	7:41	☾
19	Tue	4:52	8.2	5:12	8.8	10:51	1.6	11:32	1.5	5:50	7:39	☾
20	Wed	5:45	7.9	6:01	8.7	11:39	2.0			5:51	7:38	☾
21	Thu	6:42	7.6	6:55	8.6	12:28	1.6	12:31	2.2	5:52	7:36	☾
22	Fri	7:42	7.5	7:52	8.7	1:27	1.6	1:28	2.3	5:53	7:34	☾
23	Sat	8:40	7.6	8:47	9.0	2:26	1.5	2:25	2.1	5:54	7:33	☾
24	Sun	9:31	7.9	9:37	9.4	3:19	1.1	3:17	1.8	5:55	7:31	☾
25	Mon	10:17	8.3	10:22	9.8	4:05	0.7	4:04	1.4	5:56	7:29	☾
26	Tue	11:00	8.7	11:06	10.2	4:47	0.3	4:49	0.9	5:57	7:28	☾
27	Wed	11:41	9.1	11:49	10.5	5:28	-0.2	5:33	0.5	5:59	7:26	☾
28	Thu			12:22	9.6	6:08	-0.5	6:18	0.0	6:00	7:24	☾
29	Fri	12:33	10.7	1:03	10.0	6:49	-0.8	7:04	-0.3	6:01	7:23	☾
30	Sat	1:18	10.7	1:45	10.4	7:31	-0.8	7:51	-0.5	6:02	7:21	☾
31	Sun	2:04	10.5	2:29	10.6	8:15	-0.7	8:41	-0.6	6:03	7:19	☾